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A NOTE FROM THE PUBLISHER

BOO'TIFUL TIMES

October is one of the best months of the year and it is my favorite! Break out and get ready to feel the leaves crunch beneath your strolls, go to a pumpkin patch, and experience those kaleidoscopic fall leaves that blanket the ground in a patchwork of fiery reds, deep oranges and buttery yellow. This is the quintessential month for leaf peeping and spotting the vibrant fall foliage, pumpkin picking, going to fall festivals, and many more entertaining things to do this month.



Who doesn't love Halloween? There's something about dressing up that stirs our imagination and mystical side. It is that moment that makes us want to let our hair down and have a magical time with the holiday. Halloween is loaded with themed parties, spooky haunted houses, family-friendly games, and superheroes, Minions, fairy princesses, pirates, and other delightful characters parading with a spooktacular inspiration. I love it all!

October is also the awareness month for many organizations and causes that touch our lives. Awareness is very important and allows all of us to rally around a common foundation and lend support. Educational, fundraising and support events in our communities help bring people together for a great cause. Read and join us!

With that said, we continue to highlight our annual feature of the Health & Beauty Medical Professionals/ TOP DOCS in our local communities. This comprehensive resource guide provides quality healthcare with the highest caliber of TOP physicians and medical facilities that excel in all medical specialties and provide optimum, quality healthcare that you would expect for a member of your family. Their skills, talent, knowledge, and compassion are the pillars of why they are here!

So, now that the weather is cooling down, there is so much to do. It is the ideal time to unleash your creative side and make everything about the season stand out! Embrace the outdoors and have fun! #trickortreat

Until next time,

Monette Smith
CEO & Publisher
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Dr. Lucian Rivela & Nurse Brooklyn

AUTHENTICALLY BEAUTIFUL

Award-winning surgeon Dr. Lucian Rivela is celebrating 20 years of helping patients achieve authentic, natural looking results throughout Montgomery County

Dr. Lucian Rivela, M.D., F.A.C.S. has been a cornerstone of the community for 20 years. Board-certified by the American Board of Plastic Surgery, and a member of both the American Society of Plastic Surgeons and The American Society of Aesthetic Plastic Surgery, Dr. Rivela has spent his career helping patients to achieve their own unique ideal of beauty. At Rivela Plastic Surgery, he is able to offer patients some of the most innovative procedures, paired with world-class care for results that will have you radiating with confidence.

After graduating from medical school at UT Southwestern in 1990, Dr Rivela completed a six year residency in general surgery becoming a board certified general surgeon. In 1996 he was chosen for an elite Plastic Surgery residency training with some of the best plastic surgeons in the country at St Joseph's in Houston. In 1998, Dr Rivela was recruited by one of our area hospitals, where he has spent the past 20 years as an active part of the community, raising a beautiful family, and building one of the most celebrated cosmetic and plastic surgery practices in the North Houston area.

Dr. Rivela believes that the ideal picture of beauty is different for each individual. As a surgeon, he focuses on helping patients to enhance their natural beauty. Ensuring that each patient is making the right decisions for their body and to meet their aesthetic goals is the driving force behind all that he does.

"As a surgeon, I want to help my patients elevate their natural beauty," Dr. Rivela said. "To do that I've worked hard to refine my skills, and continue to meet with the top surgeons in the world each year as a member of the American Society for Aesthetic Plastic Surgery. Creating natural looking results to help patients become a more beautiful version of themselves in a subtle way is my greatest passion."

Dr. Rivela understands that enhancing your natural beauty is a journey, and is proud to offer top-of-the-line aesthetic treatments and skincare in office. From aesthetic facial services including Skin Medica Peels, Hydrafacials, Vi Peels, and Dermaplaning to laser hair removal and spider vein treatments, Rivela Plastic Surgery is able to provide the aesthetic solution that's right for you.



Judge and Mrs. Wayne Mack, JJ Mendosa, Mr. and Mrs. Hess and Dr. and Mrs. Lucian Rivela at a Yes To Youth event



Dr. and Mrs. Lucian Rivela with their children Marco, Nina & Carmen

Beginning an aesthetic journey can oftentimes be an incredibly personal decision. Dr. Rivela takes the time to get to know each and every one of his patients to ensure that they're making the right decisions for the right reasons. He's there to help guide you down the path, and educate you on the many options available for your specific concerns. Connecting with his patients is one of his greatest joys.

"Getting to know my patients and understanding their desires drives me to continue to improve myself even after 20 years as a plastic surgeon."

Throughout the years Dr. Rivela and his wife, Patti, have been proud to support local organizations making a difference throughout Montgomery County. Together they have been instrumental in supporting YES to YOUTH, New Danville, Montgomery County Women's Shelter, Inspiration Ranch, and the Memorial Hermann Foundation's In the Pink of Health. They're honored to be able to give back to a community that has given so much to them. This year, Patti is being honored as a Hometown Hero for their efforts at the Yes to Youth BridgeWay shelter in Conroe.

A family man at heart, Dr. Rivela has carried that spirit into his practice, where he has focused on building a strong team of staff and nurses. Many of the team members at Rivela Plastic Surgery have been a part of the practice for more than 10 years .. with office manager, Tracy Mize, for 19 years.. Together with Dr. Rivela they work together to support patients each step of the way, from their very first consultation. Having a team that understands the necessity of compassionate, discreet care makes a world of difference to patients.

Above all else, Dr. Rivela prides himself on helping patients to achieve authentic, natural looking beauty. With decades of experience and expertise, his continued passion and dedication to his craft can be seen in all that he does. He has been voted "Best Plastic Surgeon" for the past nine years in a row through an independent survey at Woodlands Online, and continuously strives to uphold that title in all that he does. Enhance your own natural, authentic beauty with Rivela Plastic Surgery.

“

Getting to know my patients and understanding their desires drives me to continue to improve myself even after 20 years as a plastic surgeon.

”



Dr. Lucian Rivela & Patti Rivela

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A BOND

Unlike Any Other

Alexandra Frenzel and her daughter, Caroline, share their story of bravery in the face of breast cancer.

The Woodlands locals Alexandra and Caroline Frenzel have felt the impact of breast cancer for decades. Alexandra was first diagnosed with Stage II breast cancer when her daughter Caroline was only 6 months old. After a four year battle, she was declared a survivor. Then, when Caroline was 16 years old, Alexandra was diagnosed yet again. This time, it was Stage IV Metastatic Breast Cancer. It was enough to knock anyone down, but this mother-daughter duo are a shining light; their bond is unbreakable and inspiring. Now, they're sharing some insight into how breast cancer has affected their relationship.

On sharing the news that Alexandra had been diagnosed with breast cancer for a second time...

Alexandra: I was first diagnosed when Caroline was a baby, so she's always been aware of breast cancer and how it affects our lives. After I went into remission, I knew that I was at risk and that my daughters were at risk, so we've always been open about it. When I had my recurrence, we didn't hold anything back. We didn't sugar coat it. For our family, letting the kids be a part of the process has helped them to feel like they're actively helping.

On getting involved in breast cancer awareness...

Caroline: Breast cancer has affected our lives so intensely, and I knew that my mom wanted to connect with other women fighting the disease. She has been so strong, and has even created a support group for local patients. I was excited to be a part of the MD Anderson Boot Walk with her because I wanted to recognize her accomplishment in raising money to fight breast cancer, and I wanted her to know how proud I was of her.



Alexandra: Caroline has always been an old soul, and when it was time for me to fight again, she took a lot of responsibilities on herself. It was the same way when we got involved in raising money for breast cancer charities. She's always been the type to jump into something entirely, and when we first got involved she was all in. It's been wonderful to see how our journey has progressed through her eyes, particularly with the scholarship-winning essay she wrote for The Breast Cancer Charities of America.

On making memories together...

Alexandra: We've always been an active family, so we enjoy getting out into nature together. In many ways it's so scary for kids to see a parent fighting cancer, and for parents it can be so overwhelming to tell their kids. As a parent you have to take the moments that you have with your kids and make them matter. I feel so lucky that my kids love spending time with me. Recently we took a mother-daughter trip to Oregon and were able to hike a mountain and just spend time together. I loved that experience.

Caroline: I'm always focused on making memories with my mom and bringing as much positivity to those moments as I can. I want to share time with her and be with her. We just love being together, and I love being another piece of the support puzzle that helps to make my mom's days a little better.

On advice to other families fighting cancer...

Caroline: I would just say that it's important to really understand what your parent is going through. Get to know their diagnosis. Understand what it means, and learn as much as you can. It's also so important to just be there with them. For me, going to appointments with my mom and sitting with her during chemo has been an amazing way to stay close to her.

Alexandra: Keeping the channel of communication open has been the most important thing that we've

done. Having a conversation and letting the kids know exactly what was going on was healthy for our family. We never wanted them to feel like we had lied to them.

On their most treasured memory together...

Caroline: The trip we took for my 18th birthday to Oregon is my favorite memory. We got to be together in nature, and went out hiking. We made it to the top of the mountain together, but more than that it was about just having that time together.

Alexandra: We did a skydive together. It proved to me that I could still do something crazy and amazing with my kid. It was scary, but it was also exhilarating.

Alexandra leads a support group for patients living with an advanced cancer diagnosis called Life In Between at Canopy - Memorial Hermann. It is open to all those fighting advanced cancer, regardless of where you are receiving medical treatment, and is held the 4th Monday of each month. For more information, visit thewoodlandscanopy.org.



Witch's CAULDRON

Sinister eats to elevate your Halloween celebration.

Stuffed Mushroom Eyeballs

1 pound large button mushrooms	¼ teaspoon garlic powder
8 ounces cream cheese, softened	10-15 pimento stuffed olives
1 cup shredded white cheddar cheese	

1. Preheat the oven to 350°F. Line a baking sheet with parchment paper. Gently pop the stems off the mushrooms and set them bottom-side-up on the baking sheet.
2. In a small bowl, mix the softened cream cheese, shredded white cheddar cheese, and garlic powder. Scoop small 1-2 teaspoon portions of the cheese mixture and roll it into balls. Press the balls into the cavities of the mushrooms. 1 teaspoon balls for small mushrooms, and 2 teaspoon balls for larger mushrooms. Resist the urge to overstuff the mushrooms, or the filling will run out!
3. Cut the pimento stuffed olives in half and press them flat-side-up into the top of the cheese filling. Bake the mushrooms for 12-15 minutes. Serve warm!



photo and recipe from aspicyperspective.com



photo and recipe from wholefully.com

Savory Pumpkin Hummus

1 15-ounce can pumpkin puree	3 cloves garlic
2 tablespoons tahini	1 teaspoon salt
2 15-ounce cans chickpeas	2 tablespoons extra virgin olive oil
1 teaspoon cumin	1 teaspoon paprika
2 teaspoons maple syrup	¼ cup water

Combine all ingredients in a blender or processor and whip until smooth.

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photo and recipe from nytimes.com



Cane Syrup Popcorn Balls

1 cup sugar	$\frac{3}{4}$ cup roasted salted peanuts (optional)
$1\frac{1}{4}$ cups cane syrup, preferably Steen's	2 tablespoons butter, more for hands
2 tablespoons white vinegar	$\frac{1}{4}$ teaspoon baking soda
1 teaspoon salt	
3 to 4 quarts popped corn, preferably not microwave popcorn, lightly salted	

1. In a saucepan fitted with a candy thermometer, melt sugar, syrup, $\frac{3}{8}$ cup water, vinegar and salt over medium heat. Cook, stirring occasionally, until mixture reaches 260°F, 5 to 10 minutes. Watch carefully so mixture does not boil over.
2. In a very large bowl, combine popcorn and peanuts, if using. Cover a work surface with waxed or parchment paper. When syrup mixture is ready, turn off heat and stir in butter and baking soda; it will foam up.
3. Pour about $\frac{2}{3}$ of syrup over popcorn and set remainder over very low heat. Mix popcorn well with wooden spoon. Working quickly, butter hands and form mixture into balls, setting them on prepared surface to cool; this is best done by more than one person, so syrup does not have time to harden. If mixture seems dry or isn't holding together, stir in remaining syrup.
4. Cool and serve, or wrap individually in waxed paper and store in an airtight container.

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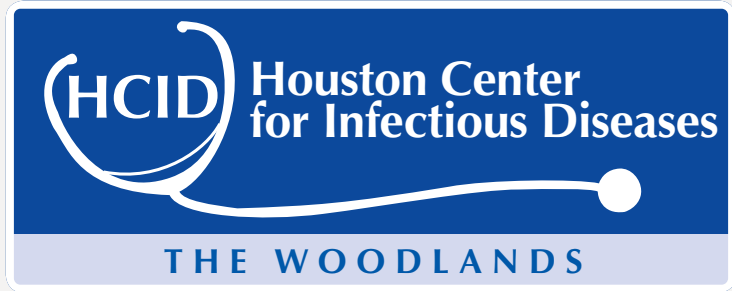
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TOP PHYSICIANS



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HCID concentrates its work in The Woodlands, and consults with Methodist Hospital The Woodlands, Memorial Hermann The Woodlands, CHI St. Luke's Health and Nexus Specialty Hospital. By providing consultation within 24 hours from the initial referral, patients can be discharged from the hospital quickly, and through HCID's unique outpatient services, can receive treatment at home or in their office. With an on-site pharmacy, HCID provides the exact same medication and treatments available in hospitals. This means that instead of spending a week in the hospital, you can get home to your family or work while still receiving the compassionate care you need.

In 2016 alone HCID saw roughly 18,000 patients thanks to their always-on-call approach. All six of their providers are committed to ensuring that patients feel comfortable with their diagnosis and treatment plan, which has helped HCID to earn an almost perfect patient satisfaction rating. Patients consistently rate their experience at 100 percent, and HCID sees patients from around the state, thanks in part to customer recommendations.

In addition to their innovative in-home and in-office IV infusion services, HCID is also a wound certified clinic, a travel medicine and vaccination clinic, Hepatitis C treatment center. They are the only Yellow Fever vaccination clinic in The Woodlands, and they even offer HIV and STD clinics.

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Lucian Rivela, M.D., F.A.C.S.

*Houston Fight Hair Loss,
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**Rivela Plastic Surgery is excited to celebrate their
20th anniversary in The Woodlands**

Dr. Lucian Rivela is a board-certified plastic surgeon and has been named the number one plastic surgeon in The Woodlands for the last nine years on woodlandsonline.com. Rivela Plastic Surgery offers a full range of plastic surgery treatments for the body, breast and face. Dr. Rivela believes that the ideal picture of beauty is different for each individual. As a surgeon, he focuses on helping patients to enhance their natural beauty. Ensuring that each patient is making the right decisions for their body and to meet their aesthetic goals is the driving force behind all that he does. One example is Neograft Hair Restoration, a revolutionary hair replacement surgery.

Neograft Hair Restoration in Houston

With Neograft hair extraction and implantation at Rivela Plastic Surgery there is less bleeding and fewer complications than with the strip method used in most other medical hair loss solutions. Neograft hair restoration for treatment of balding or thinning hair is a very safe, minimally invasive and relatively minor procedure. Our Neograft procedure uses a small amount of local anesthetic and no skin is removed, unlike with most other Houston hair transplants. After a Rivela Plastic Surgery Neograft hair transplant, there is no visible linear scarring to make it difficult for our male or female patients to wear their hair short. As part of the Neograft hair transplantation procedure, the donor site is selected from the back of the head and then shaved. Many times with longer hair, the shaved donor site is completely hidden. With larger hair transplant cases, a larger area is shaved but afterwards the hair grows back naturally. After the donor site is prepared, the Neograft medical device is then used to skillfully extract hair follicles individually from the donor site using a tiny 1 mm punch. When enough follicles are extracted at random, the procedure moves to the front of the head, transplanting each individual hair graft with the same individually automated system.

Serious Facts about Hair Loss and Hair Restoration

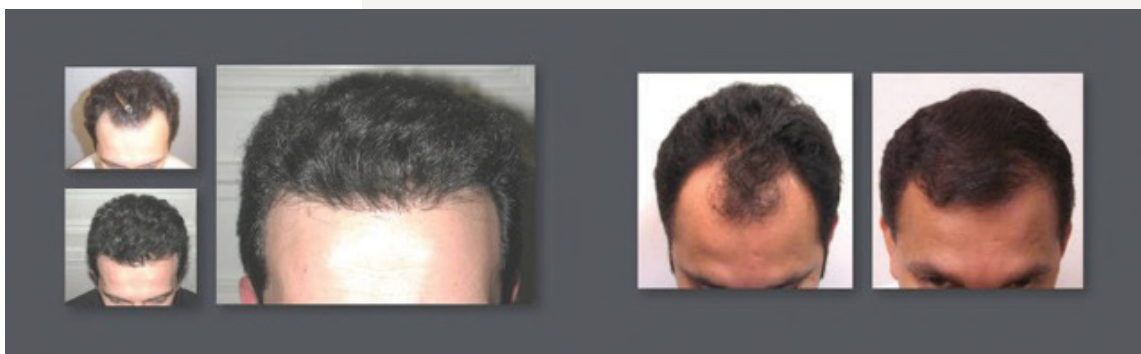
Some 50 million men and around 21 million women suffer from male/female pattern baldness or thinning hair. Studies state that more than 10 percent of men will experience noticeable hair loss by the age of 35, and 65 percent of women will notice hair loss by the time they are 60.

Above all else, Dr. Rivela prides himself on helping patients to achieve authentic, natural looking beauty. With decades of experience and expertise, his continued passion and dedication to his craft can be seen in all that he does. Enhance your own natural, authentic beauty with Rivela Plastic Surgery.

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OF THE WOODLANDS**

“A Step Ahead”



We are a comprehensive foot and ankle medical practice with licensed podiatrists Dr. Marcin N. Vaclaw and Dr. Brian J. Conley. Foot and Ankle Specialists of The Woodlands is fully equipped to handle all your foot and ankle concerns. We know foot and ankle pain can slow down your everyday life, and we want you to know there is a solution! At FAS The Woodlands, we can quickly diagnose your concerns and find a treatment plan that will work for you.

Whether you are suffering from heel pain, bunions, or even ankle sprains and fractures, our team of professionals is ready to help. We know how important it is for our patients to get back to a normal, pain-free life as quickly as possible, which is why FAS The Woodlands is committed to serving The Woodlands and greater Houston area with effective and personalized treatment plans and patient education. Dr. Vaclaw and Dr. Conley help educate their patients about their foot and ankle conditions and work with you to develop the right course of treatment for your lifestyle. Don't waste any more of your time struggling with foot pain! Call our office today to schedule an appointment.

Foot and Ankle Specialists of The Woodlands is a member of the South Montgomery County Chamber of Commerce as well as the Montgomery County Hispanic Chamber of Commerce. We are dedicated to helping serve our community through these organizations. FAS The Woodlands believes it is important to give back to the areas we serve, and we look forward to seeing old friends and new faces at any events we participate in.

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Services & Treatments:

- Athletes Foot
- Bunions
- Diabetic Foot
- Flat Feet
- Hammertoes
- Neuropathy
- Heel Pain
- Toenail Fungus
- Athletic Injury
- Sports Medicine
- Nail Restoration
- Cosmetic Foot Treatment

For a more comprehensive list, please visit: FASthewoodlands.com.

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Can't Come to Our Office? We'll Go to You!
New Patients Welcome!

Se Habla Español

...



Leslie Wilson, M.D.

*Millennium Physicians Rheumatology
- North Houston*

Contact

17323 Red Oak Drive
Houston, Texas 77090



p: (281) 315-8130

MillenniumPhysicians.com



Carmen Perez-Masuelli, M.D.

*Millennium Physicians Rheumatology
- Shenandoah*

Contact

18488 Interstate 45 South
Shenandoah, Texas 77384



p: (281) 315-8130

MillenniumPhysicians.com



Millennium Physicians Rheumatology

Rheumatologists Leslie Wilson, M.D. and Carmen Perez-Masuelli, M.D. joined Millennium Physicians in 2017 after nearly two decades of experience in Houston and The Woodlands. Both physicians are board certified in rheumatology and have been recognized for their excellent patient care in diagnosing and treating musculoskeletal and systemic autoimmune conditions including rheumatoid arthritis, psoriatic arthritis, systemic lupus, Sjogren's syndrome, scleroderma, Raynaud's, vasculitis, osteoporosis and gout.

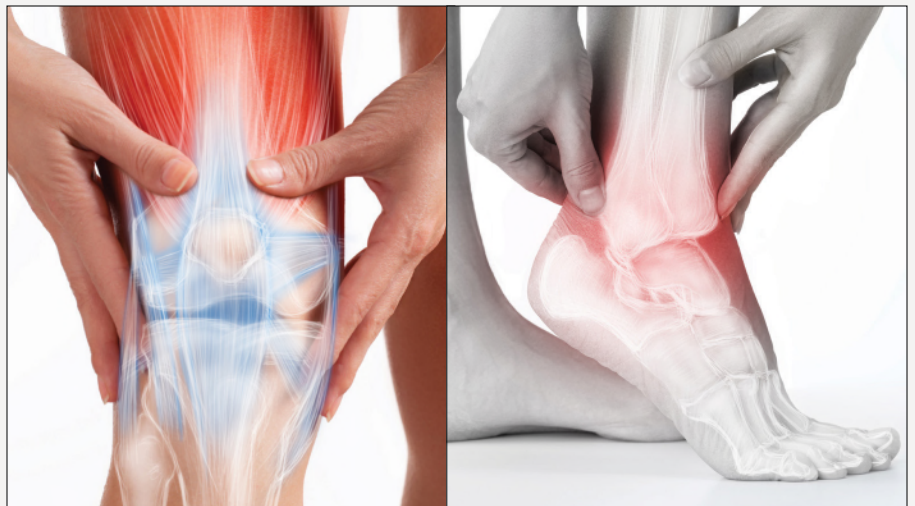
Dr. Wilson received her medical degree from Louisiana State University School of Medicine in New Orleans. She completed her internship and residency in Internal Medicine at LSU, followed by fellowship training in Rheumatology at Mount Sinai Hospital in New York City.

Dr. Perez-Masuelli obtained her medical degree from Mount Sinai School of Medicine. She then completed her internship and residency in Internal Medicine, as well as fellowship in Rheumatology, at Mount Sinai Hospital.

Millennium Physicians is a multi-specialty medical group with 38 physicians at 11 convenient locations throughout the Greater Houston area.

Conditions Treated

- Rheumatoid Arthritis
- Psoriatic Arthritis
- Systemic Lupus
- Sjogren's
- Scleroderma
- Raynaud's
- Vasculitis
- Gout
- Osteoporosis
- Other Autoimmune Inflammatory Connective Tissue Diseases



Accepting most major medical insurance plans.



TOP RHEUMATOLOGISTS



WOODLANDS ARTHRITIS CLINIC



Tonya Cockrill, M.D.
Emily Hung, M.D.
Woodlands Arthritis Clinic

Contact



129 Vision Park, Suite 211-A
Shenandoah, Texas 77384

p: (936) 273-3900
f: (936) 273-3901

WoodlandsArthritisClinic.com

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The Woodlands Arthritis Clinic provides a complete range of services including joint injections, bursitis injections, viscosupplementation and IV infusions for patients suffering from autoimmune arthritis pain.



Physicians who spend quality time with their patients are worth putting your trust in. At the Woodlands Arthritis Clinic, our physicians guide patients through the diagnostic and treatment process to determine the best individual approach for rheumatic disease management. The field of rheumatology is continually advancing, and the clinic offers groundbreaking medications, including injections and IV infusions, that are being used to stop inflammation and cartilage destruction in patients suffering from autoimmune arthritis pain.

Dr. Cockrill has practiced in the area for nine years. She graduated Summa Cum Laude from Texas A&M University and earned her medical degree from the University of Texas Health Science Center at Houston. She has been recognized as one of the Super Doctors Rising Stars in Texas Monthly magazine for the last three years, an award given to less than 2.5 percent of young Texas physicians.

Dr. Cockrill is thrilled to announce that Dr. Emily Hung will be joining her practice in December. Dr. Hung grew up in Houston and graduated from Bellaire High School with a perfect SAT score. She attended Princeton University where she graduated Magna Cum Laude. She was awarded the President's Award for Academic Achievement, an honor given to less than 4% of each class. She earned her medical degree from Baylor College of Medicine and completed her internal medicine residency at the University of Pennsylvania. She completed a fellowship in rheumatology at the University of Texas Health Science Center at Houston, where she served as chief fellow. Dr. Hung has consecutively been named one of America's Top Physicians.

Both Dr. Cockrill and Dr. Hung are fellows of the American College of Rheumatology and are published in peer reviewed journals. They specialize in treating all types of arthritis including rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis and gout. They manage chronic connective tissue diseases such as lupus. The clinic also offers injections and IV infusions for patients with osteoporosis. Dr. Cockrill and Dr. Hung enjoy spending their free time with their children, and they understand your need to function in both the professional and personal aspects of your life.



DR. GUY

FACIAL PLASTIC SURGERY

Dr. Guy Facial Plastic Surgery was founded by W. Marshall Guy, MD, a double board certified fellowship-trained facial plastic surgeon. Having graduated number one from his high school, the University of Texas, and Baylor College of Medicine medical school, he continued his training by completing his prestigious facial plastic surgery fellowship under the world renowned Gaylon McCollough. It is this specialized training that Dr. Guy brings to the residents of The Woodlands, Conroe, Spring, and the surrounding areas. Given doctor Guy's extensive training, patients have traveled from hours away and from other states for his expertise.

Dr. Guy specializes in all areas of rejuvenation and reconstruction of the face and neck, including non-surgical options. He understands that everyone ages differently and that there is no "one-size-fits-all" when it comes to restoring a youthful appearance. This is why each patient is carefully evaluated at the time of consultation to determine what the best treatment is at a particular stage of life. This may be a surgical or non-surgical option. For those patients where surgery is not the best choice, it is comforting to know that all injections are also performed by Dr. Guy. This includes neuromodulators such as Botox and Dysport as well as a full line of fillers including the Juvederm and Restylane line of products. In fact, all treatments are performed by Dr. Guy including lasers, chemical peels, IPL, dermabrasion, and discussion of skin care products. For the skin care line, Dr. Guy Facial Plastic Surgery has its own products that have been customized to further compliment and maintain the results achieved with other treatments.

For those patients who are best treated with surgery, Dr. Guy and his staff go above and beyond providing an exceptional experience. At the first office visit, an hour is scheduled to provide you with plenty of time to go over your goals, and for Dr. Guy to provide a comprehensive treatment plan to best achieve those goals. For those patients interested in rhinoplasty (nose surgery) or chin augmentation, Dr. Guy offers 3D computer imaging to provide a way to truly visualize what different surgical techniques can accomplish. In addition, a comprehensive book written by Dr. Guy detailing the various surgical procedures is provided. This provides the patient with something to review after the consultation. Once the surgery has been decided upon, a second visit is scheduled to further describe the surgical process and answer any remaining questions.

Following surgery, Dr. Guy personally calls each patient for a week. As Dr. Guy says, "I love talking with my patients. By calling them, it lets them know I care and that there is no question too small to ask me. My patients really love this since they have my personal cell phone for communication."

Beyond what Dr. Guy accomplishes in the operating room and clinic, he is an avid supporter of The Woodlands community. He is very involved, including being the Chairman for the American Heart Association Circle of Red and actively participating with the Rotary Club of The Woodlands, helping with food drives, the Rotary House, and numerous scholarships awarded by the club. You may have also seen him dancing at the YMCA "Dancing with The Woodlands Stars", where he earned Crowd Favorite, helping out with In The Pink, speaking at Canopy for cancer survivors, supporting Montgomery County Youth Services, and donating to many other charitable galas.

With an emphasis on patient care and attention to detail, Dr. Guy and his staff go above and beyond with their customer service! If you'd like to learn how you can look your best, schedule your consultation with Dr. Guy today!

W. Marshall Guy, M.D.
Dr. Guy Facial Plastic Surgery

Contact

128 Vision Park Blvd., Suite 150
Shenandoah, Texas 77384

p: (832) 956-1040

DrGuyFacialPlastics.com



Services at a Glance

- Facelifts, Neck Lifts, & Brow Lifts
- Rhinoplasty (nose reshaping)
- Eyelid Surgery (blepharoplasty)
- Ear Pinning (otoplasty)
- Skin Resurfacing including chemical peels, lasers, & dermabrasion
- Lip & Chin Augmentation
- Botox & Dysport
- Juvederm, Voluma, Restylane, & other dermal fillers
- Scar Revision
- Mole & Skin Tag Removal
- Kybella (non-surgical double chin treatment)
- Medical Grade Skin Care



Michael Allon, M.D., F.A.C.O.G.

Board-Certified Infertility Specialist,
Reproductive Endocrinology and Infertility
Advanced Fertility Center of Texas

Contact

The Woodlands/Spring
22307 Interstate 45
Spring, Texas 77389
p: (713) 467-4488



Memorial City
10901 Katy Freeway
Houston, Texas 77079
p: (713) 467-4488

College Station
1602 Rock Prairie Road, Suite 400
College Station, Texas 77845
p: (979) 696-8155

InfertilityAnswers.com



Services at a Glance

- Ovulation Induction
- IVF
- PGD/PGS/Genetics Testing
- Recurrent Miscarriage Treatment
- Donor Egg Program
- Egg Freezing
- PCOS Management
- Endometriosis Management
- Reproductive Surgeries



Advanced Fertility CENTER OF TEXAS

Already in my dreams, soon in my arms.

Advanced Fertility Center of Texas is excited to announce the opening of our new Woodlands/Spring location. Featuring Board-Certified fertility specialist of over 24 years, Dr. Michael Allon. Advanced Fertility Center of Texas offers patients struggling with infertility the opportunity to build their family. We offer a unique holistic approach to fertility, by combining fertility treatments with wellness services through our partnership with Lisanne Wellness Center in order to optimize the chance of conception. This provides our patients the opportunity to take charge of their own health so they will have a healthy pregnancy as well.

Our IVF success rates are among the highest in the country, with our advanced techniques, like Natural Transfer™ IVF cycles, being the center of our success. We proudly offer patients a proprietary embryo biopsy for genetic testing under the direction of our leading expert Dr. Dmitri Dozortsev to allow the best embryo to be transferred to the uterus to increase the chances of pregnancy. Our new center will also offer the most advanced female and male fertility testing including minimally invasive surgery. Our patients are the heart of everything we do at Advanced Fertility Center of Texas, so we strive to remain a leading center in fertility treatments with compassionate care and financial assistance programs.





Phil Sanchez, CEO

Avantis.

Contact

719 Sawdust Road Suite 213
Spring, TX 77386

p: (281) 644-0565

AvantisCare.com

Hours: M-F 8 am-5 pm



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Services at a Glance

- Real Estate
- Surgery Centers
- Pharmaceuticals
 - Diagnostics
 - Laboratory
- Practice Management
- Business Development
 - Marketing

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Creating a Better Healthcare Practice

Led by CEO Phil Sanchez, Avantis has become one of the leading ancillary healthcare owner/operators in the industry. Their mission has always been to utilize their state of the art management services to help improve the quality of patient care, and create financial solvency for their partners.

We offer a diverse range of healthcare ancillary services to healthcare professionals. Healthcare is the leading ancillary development healthcare company in Texas. From consulting and à la carte services to turn-key practice management, Avantis Healthcare will help you solve the puzzles that keep your practice from experiencing optimal cash flow while reducing cost and creating an environment that allows providers to get back to practicing medicine. The company has vast experience in surgical centers, pharmaceuticals, diagnostics, laboratory, practice management, business development and medical real estate.

Avantis has always excelled in developing and implementing specific business objectives that ensure success. They offer customized solutions that are specifically made to fit individual medical practice needs, and being able to offer real, tangible real estate opportunity to providers will only elevate their service.





Dr. Stacey Rodgers, the founder of Rodgers Stein Chiropractic is located at 3303 West Davis Street in Conroe, Texas. The new spacious facility is equipped with state-of-the-art equipment including the heavily researched and practiced technique known as the Cox® Technic. The Cox Technic is non-surgical, doctor-controlled, hands-on spinal manipulation performed with the patient lying on The Cox Table, our proprietary, specially designed chiropractic instrument. This table permits the effective administration of flexion-distraction and decompression adjustment and manipulation. This pain relieving technique is the alternative to back surgery; the system and table allows for a gentle spinal decompression of herniated or ruptured discs.

The clinic focuses on wellness chiropractic care, treating many multi-generational families. Dr. Rodgers is highly involved with the International Chiropractic Pediatric Association. The Pathways connect group from the ICPA is hosted by Dr. Rodgers within the clinic. These groups invite community members into the clinic and offer patients a place to continue their education of chiropractic and other wellness topics. She also works beside Dr. Brian McGee, who joined the practice in 2016. Dr. McGee is a Conroe native, and his special interest includes treating athletes and the care of horses. He has been in practice since 2005, and he is passionate about non-invasive care. 2018 brought home another member of the Rodgers Stein Chiropractic family, Dr. Martha Manzanarez. Dr. Manzanarez started her career at the clinic when she was a senior at Sam Houston State University. She earned her Doctor of Chiropractic from Parker University and has returned home. She also speaks Spanish and is passionate about bring chiropractic care to patients.

The doctors at Rodgers Stein Chiropractic are certified in the Cox Technic, which is a alternative to treating disc herniations and degenerative disc disease. Rodgers Stein Chiropractic's mission includes giving back to the community, and has given time and resources to promote CASA (Court Appointed Special Advocates). CASA's mission is to provide and promote court appointed volunteer advocacy so that every abused and neglected child can have the opportunity to thrive in a safe, nurturing, permanent home.

The mission of Rodgers Stein Chiropractic is to educate the community about optimal health through natural chiropractic care and to promote the well-being of people in our community by providing accessible, quality care for people of all ages with trust, respect, confidentiality, and compassion. We love to stay connected with our community and inform them of special events and success stories. You can contact us at www.rodgerssteinchiropractic.com, as well as our Facebook page and Instagram @ Rodgers Stein Chiropractic.



Stacey Rodgers, D.C.
Brian McGee, D.C.
Martha Manzanarez, D.C.
Rodgers Stein Chiropractic Center

Contact

3303 West Davis St.
Conroe, Texas 77304



p: (936) 441-9990
f: (936) 441-9991

RodgersSteinChiropractic.com

FACTS

- 85% of the population will suffer incapacitating low back pain
- 40% of the population will seek chiropractic care
- Chiropractic Care reduces surgeries by 1/3
- Chiropractic Care reduces hospitalizations by 40%
- Chiropractic Care cuts costs and has 95% satisfaction rate according to Web MD



Tate Burleson, D.C.
Creekside Chiropractic

Contact

25420 Kuykendahl Rd., Suite C100
The Woodlands, TX 77375

p: (281) 251-9834

Creekside-Chiropractic.com



Feel Better, Function Better, Live Better at Creekside Chiropractic. Whether you're getting in shape, having family time, or your next competition, you want to be at your best. At Creekside, we use top of line therapies combined with an adjustment to maximize your overall progress and care. Additionally, we address and consult about nutritional needs, and other at home life style changes needed to meet the goals you're ready to tackle.

With extensive training on adjusting and other therapeutic techniques, Creekside has a world class experience to offer everyone. Dr. Burleson has treated patients of all ages and all types, including infants, children, amateur athletes, patients wanting to increase movement, professional athletes, and Olympians. While always striving to better serve our patients, we are constantly researching and seeking out the best technology to offer patients.

Dr. Burleson has seen thousands of patients in The Woodlands and surrounding areas the last three years and is excited to continue serving the area at his newly opened practice, Creekside Chiropractic. At Creekside Chiropractic results matter to us because we know they matter to you. Whether it's back pain, shoulder pain, knee pain, arthritis, neck pain, headaches, or other associated conditions, we will get results. These results have set a precedent with patients, making Dr. Burleson one of the top chiropractors in the region.

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FEEL BETTER, FUNCTION BETTER, LIVE BETTER.
...

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Services at a Glance

- Adjusting
- Cold Laser Therapy
- Electric Stimulation
- Decompression
- Multiple Therapeutic Soft Tissue Techniques
- Overall Health Consultation including Nutrition & Exercise
- Kinesics Full Body Functional Assessment & Analysis

...





DR. NASH

Progressive Pain and Rehabilitation, LLC

Dr. Edward A. Nash, M.D.

Progressive Pain & Rehabilitation

Contact

10710 Kuykendahl Rd. Suite 110
The Woodlands, TX 77381

p: (346) 220-8063

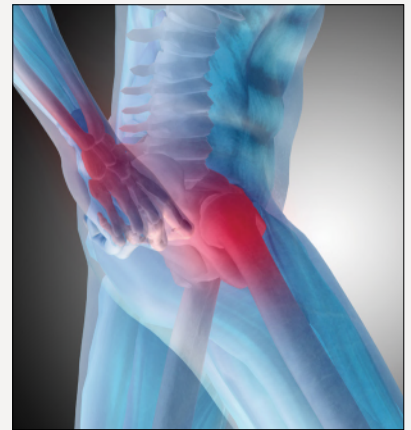
f: (832) 838-4362

DrNashCares.com



Dr. Nash is a Houston native with deep roots in the community that provides non-operative, personalized treatment options to patients suffering with acute and chronic pain. He is a Diplomate of the American Board of Physical Medicine and Rehabilitation, and has been practicing medicine for 12 years. After earning his doctorate degree from the University of Texas-Houston in 2002, Dr. Nash completed an internship in Internal Medicine at the University of Texas-Houston, and received specialty training from the prestigious allied Baylor College of Medicine and University of Texas-Houston Physical Medicine and Rehabilitation Department. Dr. Nash strives to provide compassionate care which begins with listening to the patient.

“I enjoy helping the patient focus and understand in order to take control of their health.” Dr. Nash listens to his patients and works with them to develop a customized course of treatment. This may include one or several non-surgical treatments, such as oral and topical medications, ultrasound guided injections as opposed to unguided blind injections, fluoroscopic guided injections done in the outpatient surgical setting, pharmacogenetic testing, advanced diagnostic blood testing, stem cell injections, platelet rich plasma injections, prolotherapy, assistive devices such as braces, heat therapeutic exercise, cold therapy, massage and directed physical or occupational therapy. Finally, Dr. Nash strongly believes in patient education and involvement with their care, including preventative medicine and for post-injury recovery.



Services at a Glance

- Stem Cell Injections
- Growth Factor Injections
- Botox for Chronic Muscular Pain
- Low Back Pain
- Thoracic/Mid-Back Pain
- Leg Pain
- Hip Pain
- Knee Pain
- Head & Neck Pain
- Arm Pain
- Shoulder Pain
- Other Joint Pain
- Regenerative Medicine
- Innovative Treatments



TOP PLASTIC SURGEON



Hilton Yee, M.D.

Board Certified Plastic Surgeon

Contact

9305 Pinacraft Drive, Suite 303
The Woodlands, Texas 77380



4015 I-45 N. League Line Road
Conroe, Texas 77304



p: (281) 943-2740

YeePlasticSurgery.com

Services

- Tummy Tuck
- Breast Augmentation
- Breast Reduction
- Breast Lift
- Eyelid Lift
- Face Lift
- Liposuction
- Botox
- Juvederm
- Skin Medica
- Skin Cancer Surgery

TURNING BACK *Time*

Yee

PLASTIC SURGERY

"Signature of a Sculptor"



Throughout his extensive career, Dr. Hilton Yee has established himself as one of the foremost plastic surgeons in Texas. His many years of experience have helped him to perfect the art of plastic surgery, and produce phenomenal results. While he is proud of the physical changes that he can help people to achieve, helping to change the way that people feel about themselves is his greatest achievement.

Dr. Yee approaches each patient relationship as a partnership, working together with you to achieve a specific goal. Do you want to look great in that bathing suit you've been hiding at the back of your closet? Do you want to see a change in the way that your clothes fit? Would you love to see fullness and elasticity return to your skin? Dr. Yee can help you to determine exactly how you want to look and feel when your procedure is finished.

His discretion in knowing where to draw the line, what is "too much," is a skill that he has perfected throughout the years. One look at his before and after photos, and it's not difficult to understand why he has earned his patients' love and loyalty. The results are natural and the scars are minimal. In thousands of cases, from breast augmentation to carpal tunnel surgery, Dr. Yee has restored confidence and function to his patients. He is also an expert at the removal of skin cancer and moles; the end result is not only aesthetic - it saves lives.

Continuing to learn and advance his technique, Dr. Yee attends a variety of medical seminars and training sessions to ensure that his patients continue to receive state-of-the-art care. His knowledge and skill combined with his naturally welcoming disposition have helped to endear him to his patients.

With the advances in cosmetic surgery, patients now have more options, faster recovery times, and more perfected results. Dr. Yee is committed to bringing safe, tested techniques to his patients, and to help his patients achieve a look that reflects their energy level. Because as we all know, age is just a number.

Dr. Yee finds that oftentimes people postpone coming in for a consultation because they don't think that the results they're after are achievable, or because they aren't prepared to take time off for recovery. The days of one-size-fits-all procedures and month-long recoveries are a thing of the past. In some cases, Dr. Yee is able to perform procedures on an outpatient basis, and you could even be back to work in a week or less!

Working with a doctor that understands your wants and needs, and can help you to know when to draw the line is a privilege that some never have the opportunity to experience. Dr. Yee and his staff are committed to providing an experience that patients won't be able to find anywhere else, and to provide unrivaled care and service with each interaction.

"Making a difference in someone's life is what it's all about," said Dr. Yee. "I know that when my patients achieve the results they have always dreamed of, they feel better about themselves, and they are able to live happier, more active lives."

-Dr. Yee



Johnny J. Peet, M.D.

Woodlands Medical Aesthetics Institute

Contact

17350 St. Lukes Way, Ste 380 & 390
The Woodlands, Texas 77384

p: (936) 273-9053

WoodlandsMedicalAesthetics.com



Dr. Peet is a board-certified gynecologist practicing in The Woodlands, Texas since 2000. His office, Woodlands Gynecology & Aesthetics, provides comprehensive medical and surgical care to patients of all ages and backgrounds. He is an expert in the fields of hormone optimization for men and women and sexual health. In 2014, he founded Woodlands Medical Aesthetics Institute. Dr. Peet has a special interest in combining laser technology, platelet rich plasma and hormone optimization to improve sexual function and health.

His office is the first medical spa in The Woodlands to have EMSCULPT®, the only procedure to help both women and men build muscle and sculpt their body and buttocks.

Dr. Peet and his staff are constantly focused on their mission to help patients “look better, feel better, and live better.”

BEFORE AFTER 4 TREATMENTS

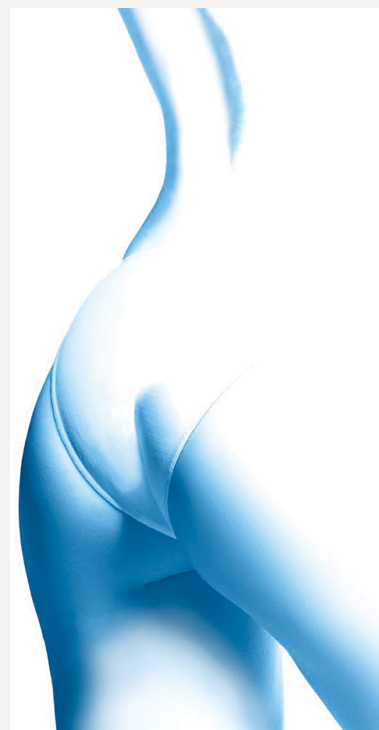


COURTESY OF: MARIANO BUSSO, M.D.

BEFORE AFTER 4 TREATMENTS



COURTESY OF: BRIAN KINNEY, M.D.



**BUTT,
OF COURSE....**

Introducing **EMSCULPT**, a non-invasive alternative to the Brazillian Butt Lift that is non-ionizing, non-radiating and non-thermal. Best of all, **EMSCULPT** is anesthesia and needle free.

Learn more at www.emsculpt.com and Sculpt 'EM today.

EMSCULPT®



Janet Boretski (Kane)
LME, CLT

Lizzy Morrison
LME, CLT

Heather Bell
RN Master Injector
aka “The Wrinkle Whisperer”



TOP COSMETIC DENTIST



Scott Young, D.D.S.

Purveyor of Fine Dentistry

Contact

6769 Lake Woodlands Dr., Suite G
The Woodlands, Texas 77382

p: (281) 528-4842

scottyoungdds.com



SCOTT YOUNG
PURVEYOR *of* FINE DENTISTRY

Dr. Young is the only dentist in The Woodlands to have completed the intensive core training of one of the world's most renowned cosmetic dentistry institutes, the prestigious Las Vegas Institute for Advanced Dental Studies (LVI) putting him into an elite caliber of dentists worldwide. Less than one percent of the country's dentists have achieved this standard of excellence. His expertise and gentle chairside manner combined with a compassionate, professional, well-trained team make for a five-star treatment that has patients raving about everything from routine cleanings to full smile makeovers.

Dr. Young finds many patients are dissatisfied with the color, wear and misalignment of their teeth that can often be part of the natural aging process. Dr. Young finds that many patients are not only concerned about improving their smile aesthetically, but are also concerned about the loss of function and how it can negatively impact their overall health and quality of life. "I find that many of my patients realize the importance of improving the function of their teeth to maintain overall health. They are really pleased that improving function results in an improvement in quality of life and a beautiful smile."

...

Services

- General Dentistry
- Cosmetic Dentistry
- Dental Implants
- TMJ Treatment
- Snoring/Sleep Apnea Treatment

...



Smiles Created by Dr. Young



Brett Murphey, D.D.S., F.A.D.I.
Woodlands Family Dental

Contact

1400 Research Forest Dr., Suite 120
The Woodlands, Texas 77381
p: (281) 681-9600



26400 Kuykendahl, Suite A-240
The Woodlands, Texas 77389
p: (832) 761-9000



WoodlandsDental.com



Services at-a-Glance

- Cosmetic Dentistry
- Smile Makeovers
- Routine Cleanings & Preventive Care
- Restorative Dentistry
- Periodontal Health (*Gum Health*)
- No Prep Veneers
- Dental Implant Restorations
- Digital X-Rays and Digital Imaging
- Clear and Removable Aligners with ClearCorrect®
- KöR Whitening
- Oraqix® No-Needle Anesthesia
- NTI Tension Suppression System
- Emergency Visits



WOODLANDS

FAMILY DENTAL

BRETT MURPHEY DDS, FOUNDER

Dr. Brett Murphey, Houston's premier cosmetic dentist, is on a mission to provide the most exceptional dental experience possible. His quest began when he was invited to participate on a dental mission trip to Mexico as a college student. "I realized that I had to be a dentist on the trip. Making people feel comfortable and cared for has always been very important to me," he said. The stage was set for what has become a lifetime of service in our community and abroad.

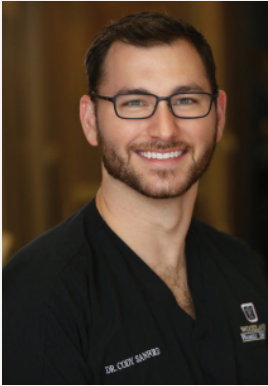
For the past 10 years, Dr. Murphey and his team at Woodlands Family Dental have been offering world-class service in a world-class atmosphere. Attention has been paid to every detail, the team is friendly, and everything is the latest in technology. "We routinely perform the most complex procedures that patients can imagine. If it involves preventing disease to remodeling an entire mouth, we do it," says Dr. Murphey, a Fellow of the Academy of Dentist International.

Dr. Murphey graduated from the University of Texas Dental Branch at Houston at the top of his class, with honors. In addition to being elected Class President, he excelled in patient relations, hand clinical skills and was well-liked by his peers. On a mission for continuous improvement in all endeavors in his life, Dr. Murphey holds himself to a high standard of excellence. He believes in surrounding himself with a superstar team at Woodlands Family Dental to help him be the best he can. As part of his pursuit of excellence, Dr. Murphey has taken hundreds of hours of continuing education in such areas as cosmetic dentistry, orthodontics, implant and sedation dentistry.

Fittingly, Woodlands Family Dental, which offers the best in dental care, is also known for their unrivaled management and customer-driven service. And that's something to smile about.



Happiness Starts with a Smile.™

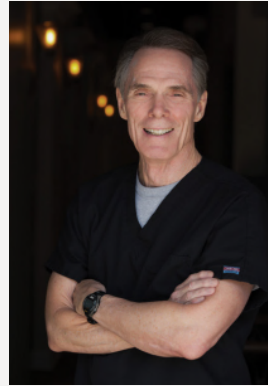


Dr. Cody Sanford, DDS

technology and techniques to benefit Woodlands Family Dental patients. Dr. Sanford has the passion and technical skill to provide his patients with the most beautiful, comfortable healthy smile and gums possible.

Dr. Sanford is a graduate of Austin College in Sherman, Texas with a Bachelor's in biology and a minor in environmental studies, as well as graduating from the University Of Texas School Of Dentistry in Houston.

Dr. Sanford puts patients at ease with his gentle and warm-hearted personality while making sure to listen. He is trained in CEREC CAD/CAM dentistry, allowing Dr. Sanford to provide cutting edge



Dr. David Holsey, DDS

effectively. Serving patients of all ages, he counts caring for his patients and creating beautiful smiles as a calling for which he is humbled and grateful.

Raised in a career Air Force family, Dr. Holsey has lived across the US and in several foreign countries. A graduate of Baylor College of Dentistry, Dr. Holsey served two years as a captain in the USAF before starting a private practice in the Spring-Woodlands area of Texas. As one of the first to use the Invisalign orthodontic technique, he has consulted on over two thousand cases worldwide and taught Invisalign's certification course, teaching other dentist how to use the technique



Dr. Tina Chang, DDS

Dedicated to improving the services she provides, Dr. Chang stays current with the latest dental knowledge and innovations. You can put yourself at ease with Dr. Chang's clinical ability and skill.

Dr. Chang was born in Taiwan and raised in Southern California. After high school, she moved to Taiwan to attend the most prestigious dental program there. She went on to further her training in dentistry with a two-year General Practice residency. After the long time away, she returned to the U.S. and received her D.D.S degree at UCLA, where she graduated with honors and was inducted into the National Dental Honor Society.



Dr. Mitchell Mactier, DDS

Dentists Outstanding Student Leader Award for exemplary scholastic performance and potential to impact the profession, The International College of Dentists Student Leadership Award, and The 2018 Dentsply Sirona Prosthodontics Award.

Dr. Mactier is a native to the Woodlands area, where he attended College Park High School. He attended the University of Texas where he graduated with honors with a degree in Biology and was inducted into the Phi Kappa Phi Honors Society. He attended The University of Texas Dental School at Houston. During his time there, he was elected and served as the president of his dental class. Dr. Mactier graduated at the top of his dental class and was awarded The American College of

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With four dentists in Dr. Muzny's office, they are equipped to handle any of your dental needs. They offer anything from routine dental cleanings to full smile makeovers, sedation dentistry to the CEREC technology which allows many crowns to be completed in one day. For increased patient comfort, they also recently expanded their space to offer more private treatment rooms for any patients going through extensive procedures.

Convenience is also a top priority of Carrie Muzny DDS & Associates. They are open at 7am Monday thru Friday and remain open during the lunch hour. Valet parking is also available for added convenience to their patients.

Dr. Muzny leads her team by example. Her team regularly attends CE (continuing education) courses to stay up to date on any new advancements in dentistry. Dr. Muzny was awarded a Fellowship in the Academy of General Dentistry (FAGD), which required over 500 hours of CE. Carrie Muzny DDS & Associates has been voted "Best Cosmetic Dentist" in *Living Magazines* Best of The Woodlands issue for the past three years and this is her third year to be acknowledged as a Top Dentist in *reviewit Magazine*.

Carrie Muzny, D.D.S., F.A.G.D.

Carrie Muzny DDS, Cosmetic and Family Dentistry

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Dr. Ryan Fort, DDS



Dr. Selena McDaniel, DDS



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Gina K. Garner, D.D.S., P.C.

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- Replacement of missing teeth with dental implants
- General, Family & Cosmetic Dentistry



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Dr. Gina Garner provides a personalized, conscientious approach to dental care in a state-of-the-art facility. Along with her dental team, she offers a warm, caring environment for patients of all ages. She realizes that for many patients, a dental visit can be a nerve-racking experience, so her top priority is making her patients feel welcome and comfortable, while delivering excellence in dental care.

In Dr. Garner's office, you will not be just another patient, you become part of her dental family. She takes the time to listen to each patient's concerns in order to best serve his or her dental needs. Dr. Garner tailors a customized treatment approach for each person to maximize dental health. Dr. Garner and her experienced team are highly trained in the latest dental treatments, including cosmetic smile solutions, laser dentistry, same-day crowns using CEREC technology, and non-surgical periodontal (gum) treatments, in addition to general, preventive, and restorative dentistry.

This year Dr. Garner celebrates her 20th year in private practice in The Woodlands. She graduated from The University of Texas Health Science Center at San Antonio Dental School in 1998, the #1 dental school in the nation as ranked by US News and World Report. As the 1990 Oak Ridge High School Salutatorian and 1994 Honors graduate of Texas A&M University, Dr. Garner is proud to serve her hometown community with aesthetic, contemporary dentistry. To stay on the cutting edge of her field, Dr. Garner continues her dental education each year with courses on the newest technological advances in dentistry. Her commitment to staying current with the newest dental procedures is reflected in her high-tech office. Dr. Garner is a proud member of the renowned Spear Faculty Club, an advanced dental education community that promotes a comprehensive approach to dental health. For Dr. Garner, "EXCELLENCE IN DENTISTRY" is more than her office motto, it is a reality.

...

To experience Dr. Garner's caring approach to dentistry yourself,
call her office at (281) 825-4980 or visit gkgdentistry.com

...





Avante

Laser & MediSpa

Avante Laser & MediSpa...a name recognized as the BEST true Medical Spa in The Woodlands and Houston. This is confirmed as Avante has been voted, yet again, as the #1 Medical Spa of The Woodlands by Readers Choice. Along with being voted the #1 Medical Spa, Avante received 1st Place in the following categories: Laser Hair Removal, Botox, Facial Treatments, Waxing and Spa.

In business for over 18 years, owners Mary Ann Urban and Stacey Upchurch, proudly boast Avante as the longest running Medical Spa in The Woodlands, with a clientele base over 28,000, many of whom have been with them from the beginning. They have the most experienced and qualified specialists in the business and Avante credits their success to each of these hard working professionals.

Avante focuses on providing the latest, state-of-the-art, cutting-edge procedures and their customer service is unmatched as their reputation proves. If you haven't experienced the "Avante Advantage," call today and you, too, will be able to see what all the talk is about!

Avante is proud to announce the addition of several very popular treatments including: Viveve Vaginal one-time procedure for incontinence, Facial Threadlift, AquaGold Facial, the Vampire Facelift, Vampire Facial, The "O" Shot and PRP Hair Restoration. These treatments are in line with Avante continually staying up with the newest, latest and greatest, state-of-the-art Medical Spa procedures.

Mary Ann Urban, Owner
Stacey Upchurch, Owner
Avante Laser & MediSpa

Contact

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AvanteMediSpa.com

Services

- Botox, Juvederm & more
- Laser Hair Removal
- Photo Facials
- Skin Tightening
- Body Contouring, Cellulite Reduction
- SculpSure Fat Melting
- Tattoo Removal
- Permanent Makeup
- BioTE Bio-Identical Hormone Therapy Pellets
- Vampire Facial & Face Lift
- PRP Hair Restoration
- Microblading/Permanent Make Up
- O-Shot for Women & P-Shot for Men
- Facial Thread Lift
- PRP Skin Pen/Microneedling
- Facials, Chemical Peels, Skin Care

Visit Avante in November for our highly anticipated "Black Friday" event! For over 15 years clients have looked forward to taking advantage of pre-purchasing Avantes' popular services at the lowest prices of the year.

This One Day Only Sale begins at 12:00am on Friday, November 23, 2018 and lasts for 24 hours. Call, visit us or go online to avantemedispa.com

"At Avante in The Woodlands I always have extremely professional service that obtains results and the staff is always accommodating and extremely friendly! I would highly recommend them to anyone!"

-Emily S.





Lauren Olson, PA-C
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**Ifepo Sofola, M.D., F.A.C.S., Medical
Director**
Tamyra Comeaux, M.D., NMD

Radiance

MEDICAL AESTHETICS & WELLNESS

Radiance Medical Aesthetics & Wellness is recognized as one of the most technologically advanced medical day spas in the area. Our highly experienced team is committed to ensuring you look and feel your absolute best through sophisticated aesthetic and wellness treatments, all delivered in a lovely, relaxing environment.

Radiance Medical Aesthetics & Wellness has been serving The Woodlands and surrounding areas for over 12 years under the expertise of founder **Lauren Olson, PA-C**. Ms. Olson has practiced medicine for 35 years in the field of internal medicine, endocrinology, family practice and anti-aging and integrative healthcare along with aesthetic medicine. Ms. Olson was honored to be named a Certified National Trainer for Allergan and is an educator and national and international speaker on health, wellness and medical aesthetics.

The medical team also includes **Dr. Ifepo Sofola, M.D., F.A.C.S.**, Facial Plastic and Reconstructive Surgeon and Rhinologist, and **Dr. Tamyra Y. Comeaux, M.D., NMD**, Board Certified in Gynecology, Anti-Aging and Regenerative Medicine. **Jill Campbell, RN** is a sought-after injection specialist.

Radiance Total Wellness is our distinctive lifestyle program based on the principle that wellness is not simply the absence of disease. This unique wellness program combines the art and science of beauty and wellness to maximize our "Divine Design." From natural hormone replacement, to vaginal rejuvenation and male enhancement, to hair restoration, Radiance Medical Aesthetics & Wellness is here to help you maintain your health and well-being.

As a results driven medical spa, we offer many solutions for your aesthetic needs. We are experts at administering **Botox** and **dermal fillers**. **Ultherapy** or **Venus Viva** are ideal for skin tightening on the face, neck and décolleté, and we also offer the **Vampire Facial** using your own growth factors to generate new collagen and produce younger looking skin. Our laser treatments such as **Pixel** and **PhotoFacials** are a perfect way to get your skin ready for the new season.

We often begin with a **Visia Computer Complexion Analysis** which allows our expert aestheticians to formulate a treatment plan addressing your specific aesthetic goals. We also carry all the professional skincare products you need from esteemed companies such as Skinmedica, Glymed, and Cosmedix.

We are proud to be home to **Ideal Protein Weight Loss**, which offers a medically supervised program customized to help you optimize your weight and improve your health. Join us the second Thursday of each month from 6 to 7 PM for our Ideal Protein group meeting: **Losing Weight/Gaining Hope, Support in your Weight Loss Journey.**

If you struggle with exercise-resistant and weight loss-resistant fat, we can help you with our Body Sculpting services, including **CoolSculpting®** by Zeltiq that freezes fat away.

Radiance Medical Aesthetics & Wellness also offers a full range of results oriented day spa services, such as facials, massages, and body treatments. Our Radiance VIP memberships are very popular, giving you premier access to the Radiance experience every month. The professionals at The Salon at Radiance offer top hair and nail services.

At Radiance Medical Aesthetics & Wellness, you will discover all your beauty and wellness needs in one elegant and well-appointed location.

Select Services

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- Bio-Identical Hormones
- Body Sculpting
- Weight Loss
- Full Service Day Spa and Salon



Chaitali Nangrani, M.D.

Vedas Medical Spa & Wellness Center

Contact

8000 McBeth Way, Suite 190
The Woodlands, Texas 77382

p: (281) 298-5476

VedasMedSpa.com



Vedas

MEDICAL SPA &
WELLNESS CENTER

Knowledge Creating Precise Results

Vedas Medical Spa & Wellness Center, led by Dr. Chaitali Nangrani, M.D., is a haven for patients who are searching for world-class aesthetic treatment, provided by a team of caring professionals with the most current, state-of-the-art equipment. At Vedas, each and every team member works tirelessly to ensure that patients leave feeling like a better version of themselves - because you're beautiful just the way you are. Enhancing and rejuvenating what is already in your soul is the primary focus of Dr. Nangrani and her team.

Dr. Nangrani is certified by the Medical Council of India and the Educational Commission for Foreign Medical Graduates, and is also a certified Diplomate of the American Board of Family Medicine and the Academy of Anti-Aging Medicine. She holds an Advanced Fellowship in Aesthetic Medicine and Anti-Aging. She is a member of the American Medical Association, American Association of Family Physicians, American Academy of Anti-Aging Medicine, and American Society for Laser Medicine and Surgery.

Vedas Medical Spa & Wellness Center offers a wide and intensive menu of cosmetic services that includes fillers, microneedling, microdermabrasion, Silhouette InstaLift, hair restoration, and more, and can be complimented by a visit to their in-house spa. Plus, aesthetic patients always begin their journey at Vedas with a complimentary consultation. The ultimate answer in all-around care, Vedas also offers wellness services that include IV drip therapy, testosterone therapy, thyroid disorder treatment, weight control, stress and adrenal fatigue treatment, lipid testing, food allergy testing, and more.

Services at a Glance

- Dermal Fillers (Juvederm, Voluma, Restylane, Botox)
- Incisionless Mini Facelift
- SmartLipo/Liposuction
- Fat Grafting/Transfer
- Hormone Evaluation & Pellet Treatments
- Laser Hair Reduction
- Skin Tightening
- Skin Resurfacing (Chemical Peels, Facials, Body Scrub, MicroDermabrasion)
- NeoGraft Hair Restoration
- Skin Tag & Mole Removal
- Tattoo Removal
- Vaginal Health
- IV Drip Therapy
- Detoxification
- Testosterone Therapy
- Weight Control
- Stress & Adrenal Fatigue

Highly recommend Vedas! Dr. Nangrani and her staff are very friendly, and extremely knowledgeable. They take their time with you and are passionate about what they do. I have had wonder experiences each time I have been to Vedas.

Hailey Pigford





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tpwd.texas.gov



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montgomerytexas.gov

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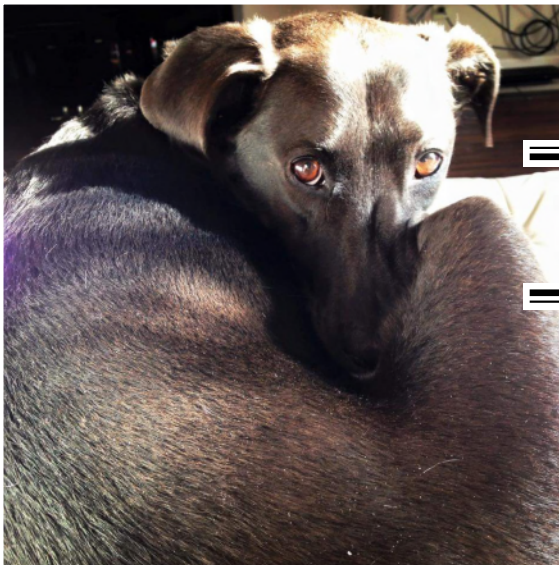
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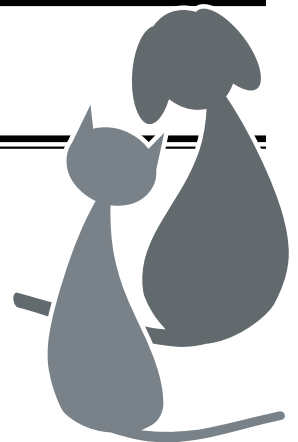


PET OF THE MONTH

KAYLA

Your pet could be featured in the pages of our magazine! Send your photo to dog@reviewitmagazine.com with your pet's name and LAKE CONROE/ MONTGOMERY PET in the subject line of the email.

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