

review



THE WOODLANDS



PARKE • ROGERS
exceptional dentistry

Always Leave Smiling

PARKE & ROGERS DENTISTRY
BRINGS FAMILY DENTISTRY AND
STATE-OF-THE-ART TECHNOLOGY
TOGETHER FOR AN EXPERIENCE
UNLIKE ANY OTHER.

POSTMASTER—Requested in-home delivery date: AUGUST 2–6, 2019

The Benchmark in Compact Class

2019 A CLASS



BEST OF THE BEST dealership award 2016, 2017, & 2018



A class ahead.

The 2019 A Class is at Mercedes-Benz of The Woodlands.



JOE DRAGO

General Manager of Mercedes-Benz of The Woodlands

Mercedes-Benz
of The Woodlands



16917 Interstate 45 South
The Woodlands, Texas 77385

(855) 516-2689

www.MBOTW.com/reviewit
www.MBOTW.com/2020-GLE

We Love to See Your Smile



CARRIE MUZNY^{DDS}
& ASSOCIATES

— COSMETIC AND FAMILY DENTISTRY —

Visit our newly
expanded dental loft



281.298.2205

WWW.CARRIEMUZNYDDS.COM

MARKET STREET

9595 Six Pines Drive, Ste. 6260
The Woodlands, Texas 77380

Smile Makeovers •• Implants •• Sedation Dentistry



EXPERT CARE YOU CAN TRUST



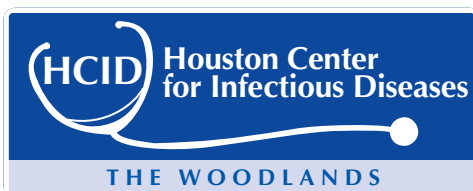
From left to right:

Timothy Chen, DO, Rahat Vohra, MD, Hamilton Leonard Cessac, RN, NP-C,
Leonardo Palau, MD, Bernadette C. Brown, AGNP-BC & Vipul Desai, MD, FACP

"We work hard to ensure that every part of the process is stress-free, which is why being able to provide treatment at home or in our office instead of a hospital is so successful. When a patient is more at ease they are better able to heal."

SERVICES

Office & Hospital Consults • HIV Clinic & STD Clinic • Home and Office IV Infusion Services
MRSA Treatments • Travel Medicine Clinic • Vaccinations • Wound Care • Hepatitis C Treatment Center
Yellow Fever Vaccination Center



1111 Medical Plaza Drive Suite #170
The Woodlands, Texas 77380

P: 281.444.1303 | F: 281.444.5161

Most private and government health insurance plans accepted!

houstoncenterforinfectiousdiseases.com

FIRST ON THE MOON

& BILLY

YEE PLASTIC SURGERY
CELEBRATES THE
APOLLO 11TH
ANNIVERSARY

AUGUST SPECIAL

FACIAL COSMETIC
SURGERIES
\$500-\$1,000 OFF

Expires August 30, 2019



DR. HILTON YEE

Yee
PLASTIC SURGERY

FOLLOW US



(281) 943-2740
YEEPLASTICSURGERY.COM

THE WOODLANDS

9305 Pinecroft Drive, Suite 303
The Woodlands, Texas 77380

CONROE

4015 I-45 N. at League Line Rd.
Conroe, Texas 77304

A NOTE FROM THE PUBLISHER

MOVE OVER, SUMMER

As we get ready to say goodbye to the lazy days of summer, a new school year quickens the tempo of family life! School bells ring-and so do the early-morning alarm clocks. With the start of school, a hectic round of sports, activities and events, commitments and filled calendars are ready to put new mileage on our wheels! But, while our kiddos are filled with excitement and first-day jitters, let's think "Organization, Organization!" By organizing good habits and routines, our kids will be able to balance their time and get off to a great start. We will, too!



August is when summer begins to make its slow crawl towards autumn, but we know that in Texas we can still have a few more hot days and even thunderstorms. While the sun and oppressive humidity are at their peak, the month still brings exciting events and attractions and one thing for sure-the time won't be boring!

reviewit shares some amazing and memorable sports moments that we all cherish. Sports always have a way to unite us and we present the rise of some of our most iconic athletes who have impacted the game itself and inspired global victory. Read and reminisce the memories of unmatched excellence!

What about your fashion look? As fall approaches, it's time to take a look at the runaway trends that will set the tone for the new season. reviewit shares all the styles and outfit ideas to help you find out which colors and designs work best for autumn and how to pair them with the coolest accessories. So, we bring you the trends and you make them your own!

In next month's issue, our popular Bridal Issue will be featured to give every bride something special to have that extraordinary wedding. Not only will you find stunning gowns, dreamy resorts and incredible destinations, there are also smart tips and inspiration and a wide variety of styles with the hottest looks to thrill your guests. Get ready!

Summer is free-spirited living, so it is time for it to move over. Now, is the moment to break out and get you excited for the season ahead. Let reviewit guide you with some ideas for how your family can enjoy this festive time. Read on!

Until next time,

Monette Smith
CEO & Publisher
monette@prmarketingllc.com

MONETTE SMITH CEO & Publisher
DOUG SMITH President

EDITORIAL

AYLA DEGHANPOOR Contributing Editor
LINDA BAUER Travel Editor

BUSINESS OPERATIONS

DEBBY SANCHEZ Accounting Manager
MARI MOORE Office Manager

SALES

TONYA BUTLER Senior Marketing Consultant

ART/PRODUCTION

CODI BISHOP Graphic Designer
AYSHA RANA Graphic Designer
JAMIE BOES Graphic Designer
SARAH HARDIN Graphic Designer

PHOTOGRAPHY

STEPHEN GUTIERREZ Photographer
BRIAN FISHER Society Photographer

All art and images are copyright by reviewit Magazine, Shutterstock, or their respective owners.

facebook.com/reviewit & facebook.com/livewithmonettesmith
 @reviewitmags pinterest.com/reviewitmag

CONNECT WITH US

PRLUXURYMEDIA.COM

CONTACT OUR OFFICES AT

p 281.419.4471
info@reviewitmagazine.com

PR

LUXURY MEDIA

314 Sawdust Road, Suite 200 • The Woodlands, Texas 77380

reviewit is published monthly by PR Marketing LLC/PR Luxury Media. reviewit is not responsible for omissions or any information that has been misrepresented to the magazine. All advertisers and their agencies assume all liability for advertising and photo content. Opinions, articles or advertisements expressed do not necessarily reflect the opinion of the publisher or PR Marketing LLC/PR Luxury Media's employees. No part of this publication may be reproduced or transmitted without permission in writing from the CEO.

10th
ANNUAL

RETURN OF OUR 2019

TOP DOCS

Beauty & Fitness Professionals



TOP DOCS - BEAUTY & FITNESS PROFESSIONALS

+ FLAWLESS MIXER

Our medical trailblazers will be honored this night!

THURSDAY
17 OCTOBER
2019

THE BUTLER HOUSE | 6:30 p.m - 9:00 p.m.
Tickets \$25 (2 Drinks & Appetizers)
23931 GOSLING RD. SPRING, TX 77389

BE FEATURED
(281) 419-4471

info@reviewitmagazine.com



TABLE OF CONTENTS

AUGUST 2019



ON THE *cover*

PARKE & ROGERS
DENTISTRY

10

*Where state-of-the-art technology
meets customer service*

IN EVERY *issue*

SOCIETY SCENE 78

SOCIAL CALENDAR 80

PET OF THE MONTH 82

14

LOUD & PROUD

Add a little color to your home

28

BALLPARK BASH

Home run recepies!

44

THE STARS AT NIGHT

Greats from the Lone Star State

52

THE HOME TEAM

Family FUN!

62

PIECES OF HISTORY

2019's must see moments

68

SIDELINE SMASH

Home run trends

76

JET SET APPROVED

Top 10 travel accessories



IT MAY BE MORE THAN JUST A SNORE

WHAT IS SLEEP APNEA?

Sleep apnea is defined as a sleep disorder that is commonly associated with breathing pauses during sleep. Known as apnea, these pauses can last anywhere between a few seconds to a few minutes.

CUSTOM FIT ORAL APPLIANCE

The custom fit oral appliance is a highly-popular and effective alternative to CPAP therapy, designed to keep a patient's airway clear by positioning the lower jaw in a more comfortable, slightly forward position.

- **Call today to schedule your complimentary Sleep Apnea consultation!**

COMMON SYMPTOMS OF SLEEP APNEA



1.

Loud and consistent snoring throughout the night



2.

Feelings of tiredness and fatigue during the day



3.

Consistent breathing pauses that wake you during the night

18 

MILLION AMERICANS
suffer from sleep apnea

BENEFITS OF CUSTOM FIT ORAL APPLIANCES

- No machine, therefore no noise
- No mask, which could force you to sleep in uncomfortable positions
- No air pressure is forced into your airway
- The guard is custom designed to fit your teeth and oral structures for optimal comfort



As heard on
Cowboy Dave's Radio
station!



NOW OPEN EXTENDED HOURS

Cypresswood	Auburn Lakes
6315 Cypresswood	6922 West Rayford, Ste.100
Spring, TX 77379	Spring, TX 77389
281.324.8995	832.737.1417



StephensGatewood.com
HoustonSleepSolutions.com

Se Habla Español

Houston Sleep Solutions



STEPHENS & GATEWOOD
DENTISTRY



PARKE•ROGERS
exceptional dentistry



Stephanie Parke

Renee Rogers



Always Leave Smiling

Parke & Rogers Dentistry brings family dentistry and state-of-the-art technology together for an experience unlike any other.

At Parke & Rogers Dentistry, you'll find more than just a state-of-the-art office. Dr. Stephanie Parke, DDS and Dr. Renee Rogers, DDS have taken family-first comfort to the next level. From creating a relaxing space that patients enjoy to utilizing the most advanced technology, every aspect of the practice is centered around a single simple principle: taking care of people matters. The goal at Parke & Rogers Dentistry is to provide the highest quality of care in the most comfortable setting.

Family is the foundation upon which the practice was built, so it's natural that Parke & Rogers Dentistry has become the go-to dental office for families throughout Montgomery County. Dr. Parke's parents moved to The Woodlands in 1989 and she has called the community home since. She attended college at Texas A&M University and after finishing dental school, she had the opportunity to return home. Dr. Rogers grew up in The Woodlands and is a proud alumnus of The Woodlands High School. She attended the University of Texas at Austin and was excited to return home to start her dental career. For both Dr. Parke and Dr. Rogers, there is no better place to raise a family than The Woodlands.

After spending six years practicing in The Woodlands, Dr. Parke made the decision to open her own practice. She was committed to bringing the quickly evolving

dental technology and techniques to her patients. With advancement comes more comfort, less downtime, and a higher quality experience. In 2012, Dr. Rogers joined the practice and the two quickly found that their skills and shared patient-focused approach were the perfect match.

"We work together in all aspects of the practice," Dr. Parke said. "We're aligned on the way that we approach treating patients. When it comes to technology, our patients benefit the most. We have the equipment to make patients more comfortable with same day crowns. Instead of a multi-day process with several office visits, they just need to come in once. We also have the ability to take a scan with our computer for making veneers, crowns, night guards, Invisalign trays, and retainers. This helps avoid messy and uncomfortable impressions."

The practice has also recently expanded to offer Invisalign. Seeing the difference in a person's smile and helping them to correct issues that they've been struggling with for years makes their job that much more joyful. Oftentimes, patients don't realize that they could be doing more to keep their smiles healthy, so education is a huge part of what Dr. Parke and Dr. Rogers do. Giving their patients beautiful and healthy smiles is one of their greatest gifts.

"We are grateful to be here because we get to care for families of multiple generations. Keeping the whole family happy and healthy is our ultimate goal", Dr. Rogers said. "Each day, I see how people can control factors that contribute to their dental health. I believe in educating my patients so we are a team in their dental healthcare. It's fun to become friends with our patients and see the whole family improve their dental health!"

Dr. Parke and Dr. Rogers know they are the front line of defense in keeping their patients' smiles bright. Their passion for dentistry and commitment to the community truly set them apart. The practice is proud to work with Interfaith of The Woodlands as a part of their community dental clinic, offering their services pro-bono to neighbors in need.

"It's a privilege to know that you're helping people each day," Dr. Parke said. "I'm so grateful for my job, and for the team that I work with. I really do love what I do. Most of our team members have been here for about ten years, and they love our patients as much as we do."

Putting patients first and treating each patient like a friend and neighbor (because they are!) have helped Dr. Parke and Dr. Rogers build a practice where going above and beyond is the rule, not the exception. Regardless of your reason for coming in, at Parke & Rogers Dentistry, you'll always leave smiling.

How The Woodlands Makes Dr. Parke Smile:

When I'm out and about you can usually find me jogging on one of the great trails in The Woodlands. I've got a favorite trail at my house, my sister's house, and my parents' house! My kids are also involved in athletics and we go to as many of The Woodlands High School football games as possible!

How The Woodlands Makes Dr. Rogers Smile:

As a parent, I love the many different parks and community organized events we have here! There's always something for my kids to do; the whole family comes home happy and worn out. I truly appreciate the unique hometown community we are provided in The Woodlands.



9191 Pinecroft Drive, Suite 270

The Woodlands, Texas 77380

(281) 419-2632

ParkeRogersDentistry.com



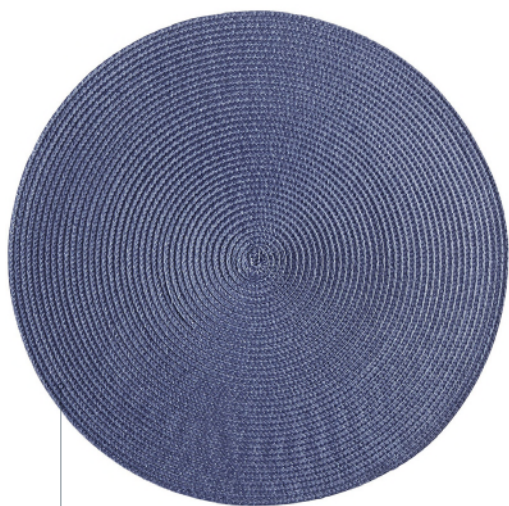
Services

- Same Day Crowns
- Digital Impressions
- Digital x-rays mean less radiation
- Oral ID cancer screening light
- Invisalign
- Laser Therapy
- Botox for grinding and TMJ
- Dental Implants
- Family Dentistry
- Cosmetic Dentistry



LOUD & *PROUD*

Bring your fan-favorite color palette home.



MESA INDIGO PLACEMAT

The practicality and allure of this placemat will spin you right around – plus it comes in all of Houston's hometown team colors.

\$2.65 each /// pier1.com

CHUNKY BUFFALO CHECK RUST PILLOW

Buffalo checks are big this season.

\$29.99 /// pier1.com



PLUSH CLAY THROW WITH FRINGE

Keep it draped over the back of a sofa or in your comfiest chair to chase away a chill.

\$24.99 /// pier1.com



NAVY BLUE VELVET ARMCHAIR

This just might become your lucky chair.

\$499.95 /// pier1.com

ORANGE HIBISCUS NAPKIN RING

Rep the Houston Dynamo all summer long.

\$3.99 each /// pier1.com





ONYX OTTOMAN

The hourglass profile of the bonded leather Onyx Ottoman makes a delightful accent and an elegant extra seat.

\$159 /// grandinroad.com



SUTTON LEATHER PILLOW

The self-indulgent luxury of supple leather and the comfort of its fluffy, feather-and-down insert make this throw pillow stand out.

\$129 /// grandinroad.com



ADELINE THROW

The large, chunky knit of this blanket makes it ideal for any season.

\$79 /// grandinroad.com



LONDON SOFA

In rich colors, this timeless chesterfield style is hand-tufted, and hand-upholstered in velvet.

\$1,399 /// grandinroad.com

MORA STORAGE BENCH

Bring new color to small spaces or large, while increasing your seating and storage options, in one easy step.

\$299 /// grandinroad.com





STRIPED INDOOR/OUTDOOR THROW

The perfect plush accessory to drape over your favorite lounge chair.

\$279 /// frontgate.com



MONA SEATING COLLECTION

The easy, artistic design of this outdoor set brings a touch of modern style to your outdoor space.

Starting at \$1,499 /// frontgate.com



STELLA SILK DECORATIVE PILLOW

Quilted lines give this silk-front pillow cover an eclectic texture that works well with any decor.

\$99 /// frontgate.com



PURO COBALT 5-PIECE DINNERWARE PLACE SETTING

This dinner set is crafted from cobalt blue ceramic and features delicately worn edging, giving it the look of antiqueware one might find in the French countryside.

\$130 /// Nordstrom.com



'50S RETRO STYLE ESPRESSO COFFEE MACHINE

Beautiful retro aesthetics meet high-powered contemporary performance in this stainless-steel espresso coffee machine.

\$459.95 /// Nordstrom.com



CORAL AND WHITE CHINOISERIE CERAMIC COLLECTION

Chic and sophisticated, this ceramic collection features handpainted oriental art motifs in vibrant shades.

Starting at \$169 /// frontgate.com



ISWAR SHOWER CURTAIN
Add a pop of color to your bathroom.
\$161 /// neimanmarcus.com



AMALFI COAST SINGLE WICK
SCENTED CANDLE
Inspired by the romance and beauty of Italy's Amalfi Coast, this candle features a bold, fresh scent and a bright red glass vessel.
\$60 /// Nordstrom.com



SPONGEWARE SMALL PITCHER
Elevate your tabletop décor with this beautiful stoneware pitcher hand painted in a striking pattern.
\$78 /// Nordstrom.com

BARRELL - SYNERGY OTTOMAN

Designed by Frederik Roije and featuring a subtle graphic pattern inspired by classic wooden barrels, this contemporary ottoman works beautifully as a seat, pouf or stool.

\$505 /// Nordstrom.com



STEPPING STONES

PREPARATORY ACADEMY

**BUILDING FOR THE FUTURE
FOR OVER 19 YEARS!**

**STEPPING STONES WOULD LIKE
TO MEET YOUR FAMILY!**

Our vision is to provide an environment that offers advanced instruction to children, so they are academically and spiritually prepared for grade school. We are committed to providing a quality preparatory program where children are not only excited to learn, but feel safe and secure enough to reach their full potential.

SCHEDULE
A TOUR
TODAY!

**NOW ENROLLING
FALL 2019**

- ✓ Infant & Toddler Care
- ✓ Pre-k/Preschool
- ✓ Private Kindergarten
- ✓ Before & After School Care
- ✓ Enrichment Programs, Including:
Music, Gym Time, Spanish, Optional
Chapel Time & Art Activities

CALL TODAY
TO RESERVE YOUR
CHILD'S SPOT!

281.292.8783

Hours M-F 6:00 a.m. - 6:30 p.m.
11900 Crane Brook Dr.
The Woodlands, Texas 77382
steppingstonesprep.com



SUMMER
& HOLIDAY
CAMPS!



STEPPING STONES
PREPARATORY ACADEMY

CABANA STRIPE BEACH TOWEL

These lush towels make pool day festive.

\$63 each /// neimanmarcus.com



TUFTED COTTON BATH RUG

Bring in the Dynamo's accent color with this bright bath mat.

\$25 /// neimanmarcus.com

LAUREN RALPH LAUREN FLORA FLORAL COMFORTER SET

Who says keeping it sports themed means you've got to give up your florals?

\$300 /// neimanmarcus.com



SUPERSTAR TUMBLER

Take space city seriously.

\$21 /// neimanmarcus.com



BLUE AND GOLD DIP DYED RICE PAPER SHADOW BOX WALL ART

Delicately hand-cut of rice paper, this geometric wall art is dip-dyed in indigo and gold hues, then placed in a shadow box frame to preserve its artistry.

\$129.99 /// worldmarket.com



TANIA CHAIR, NAVY

This delicate chair is the perfect fit for any room.

\$149.99 /// athome.com



MAXIMALIST MODERN CORNER CHAIR WITH GOLD BASE

Go mod and win big.

\$249.99 /// athome.com



ROCKWELL ACCENT CHAIR
This simple chair adds a burst of color.
\$219.99 /// athome.com



INDIGO BLUE GINKGO LEAF BONE
FRAME
A perfect gift that gives a beloved
picture the chic backdrop it deserves,
the illustration-like ginkgo pattern adds
depth and color in cool blue.
\$19.99 /// worldmarket.com



WAYNE TEARDROP OTTOMAN
Featuring a unique design, this ottoman
is a real conversation piece.
\$59.99 /// athome.com

Beautiful yet Simple



The G.G. Collection
GOODS FOR THE HOME

*Shop our many choices of
Unique Home Furnishings & Gifts*



Milstead Glass & Home Décor

Your Glass Shop

Residential ❖ Commercial
New Construction

❖ Hours: M-F 8-5 ❖

936.321.3300 ❖ 710 Honea Egypt Rd.
Magnolia, Texas 77354

milsteadglass.com

PALLA ACRYLIC PITCHER

Add a colorful twist to beverages with this pitcher.

\$68 /// amara.com



SCENTED CANDLE - CORAL PEARLS

Add a touch of the exotic to your home with this Coral Pearls candle from Baobab Collection created in collaboration with renowned artistic photographer Peter Lippman.

\$580 /// amara.com



INDIGO AND WHITE SHIBORI STRIPES PEEL AND STICK WALLPAPER

Inspired by the age-old technique of shibori resist-dyeing, the organic lines on this wallpaper invite a touch of Japanese tradition into any home.

\$34.99 per roll /// worldmarket.com



FOREST VASE

Crafted from mouth-blown glass, this vase's beautiful orange and red shades have been achieved by encasing colored pigments within clear glass and decorated with an iridescent luster.

\$100 /// amara.com



TOCO TOWEL

Bathroom in need of an update? Take a look at this bold towel!

\$33 /// amara.com



ALPACA THROW HERRINGBONE - DUCK EGG/ORANGE

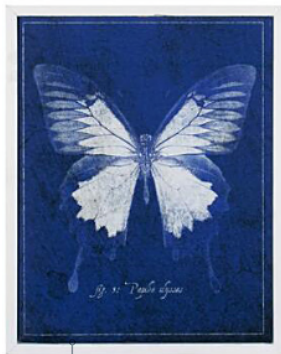
Lightweight & breathable, this throw is made from 100% baby alpaca wool which is gathered through a lifetime of shearing, and it has an impossibly soft texture which is naturally hypoallergenic.

\$351 /// amara.com





LONDON LINEN CHAIR
Sophisticated and classy.
\$219.99 /// athome.com



WHITE BUTTERFLIES FRAMED CANVAS WALL ART
White butterflies pop against a deep indigo blue on this graphic wall art, ideal for nature lovers and fans of minimalist design.
\$79.99 /// worldmarket.com



INDIGO BLUE SHIBORI SUNBURST THROW PILLOW
Crafted in India of canvas-like 100% cotton duck fabric, this pillow features an indigo-blue sunburst printed over a hand-block-printed white floral background.
\$29.99 /// worldmarket.com

SUFFERING FROM SKIN PROBLEMS

Scientific studies have found that pure salt is anti-inflammatory, anti-bacterial, and has the ability to remove airborne pathogens. When you breathe in microscopic salt particles, the salt penetrates deep into the respiratory system to absorb toxins, allergens, and foreign substances.

Q & A

WHAT SKIN CONDITIONS CAN IMPROVE?

Salt therapy sessions can improve skin conditions including: acne, psoriasis, rashes and eczema.

HOW DO SALTS AFFECT CELL ACTIVITY?

Salt works as a natural disinfectant with antimicrobial and antibacterial properties, promoting beneficial cell regeneration and healthy skin.

HOW DOES IT IMPROVE SKIN CONDITIONS?

Salt has natural moisturizing properties that encourage a healthy water balance and enhance the skin's barrier functions by attracting moisture.

HOW MANY SESSIONS WILL I NEED?

While some people experience a remarkable improvement in health with one session, most people will begin to notice a difference after 4 or 5 sessions, depending on the severity of their symptoms.



Salt REMEDY
NATURE'S THERAPY

SALT THERAPY MAY ALSO HELP WITH:

Respiratory Conditions • Sleep Apnea
Snoring • Poor Breathing Patterns
Vocal Cord Health • Depression • Stress
Low Energy • Acne • Aging Skin



Cassandra Mays
Owner

2330 FM 1488, Suite 200
The Woodlands, TX 77384

936-271-SALT (7258)
saltremedy.net



EDITOR'S *PICK*

What we're lovin' right now



HUMBLE-BEE

The Free Spirit SP diaper backpack is the one family activity companion you won't leave home without.

\$69.98 | humble-bee.com



NANOGEN

Hair thickening treatments that work to promote visibly thicker, more volumized hair.

\$9.95-\$37.50 | nanogen.com



JP DOODLES

Mother and daughter trucker hats designed to help protect you and your little one from the sun in style!

\$18.95 | jpdoodles.com

ÉMINENCE

The Stone Crop Collection helps hydrate, soothe and firm skin's appearance.

\$34-\$68 | eminestore.com



TIW

This insulated lunch tote not only offers functionality but style too. Its hand-sewn vegan leather accents will surely compliment any outfit.

\$50 | twotote.com



DEVITA SKINCARE

Aloe vera moisture daily foaming cleanser lightly hydrates and gently removes dirt, makeup, oil and impurities.

\$25.95 | devitaskincare.com

WINK

Brow Perfecting Quad is a multitasking compact for touch ups on the go. Comes in 3 shades: Dark, Brunette, Light

\$42 | winkbrowbar.com





MARKET STREET

Discover the best of
outdoor retail this
season at the new
Market Street.

SEE AND BE SEEN

BONOBOS
J. MCLAUGHLIN
SUITSUPPLY
TIFFANY & CO.
TORY BURCH
WARBY PARKER



shopatmarketstreet.com



yes^{TO}youth

Counseling • Shelter • Empowerment
Montgomery County Youth Services

YES to YOUTH Montgomery Youth Services has been tirelessly working to lift children, teenagers, and families out of the shadows and into the light. With the upcoming Ignite the Light Gala, Co-Chairs Michelle Maggert and Katrina Savage hope to raise much needed funds for the organization that brings services ranging from a 24/7 crisis hotline to an emergency youth shelter housing kids in crisis. They're sharing what this work means to them, and giving us a behind-the-scenes look at the gala!

Michelle Maggert

Q: What does YES to YOUTH mean to you?

MM: YES TO YOUTH means taking the time to help families and youth in our areas that need us. They need counseling, love, and a safe place to live. They need guidance to get them on the right track so they can be successful in school, in relationships, and to ignite their passion to live again. When you help a child with the problems they are going through at home in essence you help the family and that can help a community. There is within all of us the need to believe that things will get better. These youth need us to show them we believe things will get better for them.

Katrina Savage

KS: YOUTH!! It means exactly that. It means that no child should go hungry, without shelter, feel unsafe... sadly, the list goes on and on. The youth that this organization serves receive shelter, food, clothing, someone to provide care and compassion for them, that they are safe, they have a voice and a life free from abuse and neglect. By supporting YES TO YOUTH you are helping them continue to provide these essential services in our community. YES TO YOUTH provides counseling services, suicide prevention, street outreach for homeless teens, etc... These services are there and are available to the youth in our community. It means that for any child in need of help, that help is out there. Whether it is from bullying



or pressures from home, regardless of socio-economic conditions, there are people there to help. These youth are our children today, but they are our future!! They will grow up and be our doctors, community leaders, and teachers tomorrow. I say YES TO YOUTH, yes to the happy smiling faces of the youth in our community.

Q: Why did this cause move you to get involved?

MM: When my husband and I visited the shelter with our family many years ago and saw for our own eyes that there is a huge need in our area for homeless teenagers, we stepped in to help. Everyone wants to believe that bad things don't happen in their neighborhoods. But unfortunately, they do! Kids are being abused,

neglected, bullied at school, suffering with suicidal thoughts, raised with parents that have been struggling with addictions, and mental illness. There is not enough funding from the state or the county to help. These teenagers and their families are our future and I want to help them as much as I can.

KS: The epidemic of teen suicide. I know "epidemic" is a strong word to use, the very definition is "a widespread occurrence of an infectious disease in a community at a particular time" That is exactly what is happening with teen suicide. Suicide is a public health issue that affects people of all ages and ethnicities. The sad part is that no one talks about suicide. It is the ugly little secret that gets swept under the rug; the feeling that no one should know that there is a mental health issue. This has to stop now! Mental health is an important issue that should be discussed openly and honestly. We need to have dinner table discussions with our families

and children, we as adults need to be present in our kids' lives. The more we as a community discuss suicide and mental health issues, the more awareness and prevention is shared. The thing is, help is out there!! YES TO YOUTH provides that help! We can put a stop to teen suicide. We as a community can help by supporting this organization that provides the resources to raise awareness and prevention about suicide. This organization has counselors available 7 days a week 24 hours a day. They are there for kids and families. If a mother finds their child's suicide plan, if a child is feeling the pressures of school and society, help is there. Help is out there. You can call this number any day or time (888)-756-8682 and receive that help. Share that number - you never know, you might just help save someone's life!

Q: Co-Chairing a gala is a ton of work - how has the process been for you and what has been the most enjoyable part?

MM: This has been an amazing year for me! It is so rewarding to know that I am helping to ignite passion in the kids' lives again, inspiring them to attend school, believe in themselves and have hope for a better life. They have an amazing staff that works night and day to make a difference in the lives of so many. Co-chairing has made me realize the amount of hours it takes to bring an event of this caliber together. I have really enjoyed being a part of the process and working along side my co-chair Katrina Savage. She is



simply dynamite and has a beautiful heart! That has been the most enjoyable part. Working with the staff, our amazing gala committee, and seeing our community come together with a passion for this organization and wanting to help the families they serve has blown me away! It takes a village and I am so thankful for all of their support.

KS: It is a lot of work, it is exhausting, stressful and at times brings me to tears. HOWEVER, it is the most rewarding and fulfilling experience to see the community and all the businesses and people here come together to support an organization that does so much good! It truly is an honor to work in this community on behalf of YES TO YOUTH! Working alongside my co-chair Michelle Maggert has been an enjoyable experience, she has a heart of gold and loves this organization. It has been so much fun to see all of our ideas merge together to create this amazing event. I have to say, though, the most enjoyable part is the joy of working alongside a group of selfless, dedicated volunteers that make up our gala committee. It is an absolute privilege to work with all of them! It truly takes a village, a great team to create an event like this. I could not do it without all of their support and hard work.

Q: What is something about YES to YOUTH that most people don't realize?

MM: YES TO YOUTH turns away 100 qualified youth



each month due to lack of capacity. The fact that so many in our area need a place to live at such a young age is mind blowing. The kids are not there for free handouts. They are coming to the shelter for help. While they are at Bridgeway, they are receiving counseling, health care, getting back into school and being surrounded by people that have their best interest at heart. I have been at the shelter a few times when a new child arrives and the process will bring you to tears. The staff will be checking them in as they arrive with just 1 bag of belongings, if that. They will have to ask questions like "Are you a runaway or homeless?" They are withdrawn, scared, and you can see hurt all over their precious faces. Within a short time of staying at Bridgeway getting the help they desperately need, I have returned to find that same child is smiling, interacting with the other teens, even talking with adults. This is because of the staff and the help they are able to provide for them. It is truly a blessing.

KS: ALL the services they provide, from running Bridgeway the emergency youth shelter, counseling services, suicide prevention and awareness, community outreach... the list goes on. What I think people don't realize is that those services are such a vital need in this community, that our community "our little bubble", has a homeless teen population, sex trafficked children and suicide rates on the rise. When I became aware of these issues happening in our backyard, I was shocked. What this organization does is truly serving ALL youth and families in our community. That this organization is not just a shelter but has resources that are available to all the people in our community. I am in admiration of the entire staff of this organization and what they do on a daily basis. The services and activities benefit both youth and families who struggle with a variety of issues and situations. This organization truly does save lives!!

Q: How do you ignite your own light each day?

MM: Well, let me think about this. I believe in my heart that all people were created in God's image. I believe we all have love inside of us to give to others. We're supposed to make the world a better place. Every day when I drop my kiddos off at school, I tell them to do something nice for somebody. Be a blessing to your teachers and your peers. This is how I ignite my light each day. When I see or experience the suffering of others, it compels me to do something. If we ignore it, and just walk away and decide the problem isn't ours, personally I find it hard to sleep at night. When we stop reaching out to help those in need, something has gone horribly wrong. I believe God never intended for us to live hopeless lives. Knowing that almost 40% of the HOMELESS people in the U.S. are under the

age of 18 breaks my heart. Thousands of children are forced into sex trafficking networks each year and this is a horrible statistic. I chose to help YES TO YOUTH because they are helping families and kiddos that need us right around the corner, in our own backyards.

KS: COFFEE!! just kidding!!! My daughter Emilee, she is my world and my greatest gift! I am so blessed to have such a wonderful and supportive husband and that we are able to provide a warm and loving home for our daughter. I am reminded of that every time I see her smile. It breaks my heart that there are so many kids right here in our community that do not have that feeling of warmth and love of a family let alone a home at all. The need of the kids in this community is a driving force that inspires me to work hard to raise the funds needed to support this organization! YES TO YOUTH provides such a positive impact to the community. No child should feel unloved, unwanted, unsafe. As a volunteer for this organization, I had the opportunity to visit the shelter and get to know all of the children there at the time. It truly is an honor to meet all of them and get to know them and learn of their hopes and dreams. It is heartwarming that they are so eager to get to know you and share their talents with you, and they have hopes and dreams and a bright future! I loved hearing them use words like happy to describe themselves and seeing them smile!!! SMILE, that is my spark to create my light each day. Those happy smiling faces on the kids that this organization serves!

Q: What are you most excited about for this year's gala? Any surprises you can hint at?

MM: We do have some pretty special presentations this year during the gala dinner hour. I don't want to spoil any surprises, but let's just say if all goes well we are hoping to Ignite the Light in all our guests for this organization and for the families they serve! I have been excited about this gala since day one! The theme "Ignite their Light" gives me goose bumps! My family is probably tired of me talking about it, but I can't help myself. This is going to be a wonderful event!

I am most excited to announce and share photos from the YES TO YOUTH Ground Breaking Ceremony! This is a year of celebration for Yes to Youth as we expand on the existing campus so we can double the capacity of youth they serve.

KS: EVERYTHING!! I am so excited about every little detail this year. To really answer your question, what I am most excited about is the THEME!! Ignite their LIGHT!!! The theme is a true meaning of what this organization does for all the kids they help. The kids that YES TO YOUTH serves;

some are in a very dark place, but after they receive the help, they need they end up in a light space. Their outlook turns from darkness to one of light. These kids will know that the light within them is greater than any darkness they walk through. All the guests attending this year's gala will see that symbolism throughout the event. By attending this year and supporting YES TO YOUTH, the guests are the spark to help ignite the light in these kids' lives!

As for surprises that I can hint at.... YES TO YOUTH is after all a youth organization; we are all coming together to support the YOUTH in our community. The gala is all about helping YOUTH! I will leave you with that! You will just have to attend and see all of the beautiful and fun details we have planned for the night!

Ignite Their *Light* Gala

Saturday, September 21, 2019

7:00 p.m. - 11:00 p.m.

**The Woodlands Waterway Marriott
1601 Lake Robbins Dr.
The Woodlands, Tx 77380**

sayyestoyouth.org



BALLPARK *Bash*

15 American classics that will leave you longing for a trip to the stadium.



Mexican Hot Dogs

½ medium ripe avocado, peeled
1 tablespoon lime juice
¼ teaspoon salt
1/8 teaspoon pepper
6 hot dogs
6 hot dog buns, split
1 small tomato, chopped
3 tablespoons red onion, finely chopped
3 bacon strips, cooked and crumbled

1. In a small bowl, mash avocado with a fork, stirring in lime juice, salt, and pepper. Grill hot dogs, covered, over medium heat until heated through (about 7-9 minutes), turning occasionally.
2. Serve in buns. Top with avocado mixture, tomato, onion, and bacon.

Photo and recipe from tasteofhome.com

Double Bacon Hamburger Patty Melt

For Each Sandwich:

½ pound fresh ground beef chuck
1 tablespoon vegetable or canola oil
Kosher salt and freshly ground black pepper
3 very thin grilled cheese sandwiches, with 2
crisp bacon slices sandwiched in them
4 crisp slices bacon, cut in half

1. Divide beef into 2 equal parts. Shape into square patties slightly larger than the grilled cheese sandwiches that will serve as buns. Create a slight indentation in the center of the patties.
2. Season patties on all sides with salt and pepper. Heat oil in a large cast iron or stainless steel skillet over high heat until lightly smoking. Add hamburger patties and cook, turning occasionally, until well-browned and an instant-read thermometer inserted into the center registers 125°F for medium-rare or 135°F for medium, 5 to 6 minutes total. Add 2 slices of bacon and 1 slice of cheese to the top of each patty. Transfer to a paper towel-lined plate.
3. Stack burger patty on top of grilled cheese sandwich, top with second grilled cheese sandwich, add second burger patty, close with remaining grilled cheese sandwich, and serve.



Photo and recipe from seriouseats.com



Rainbow Macaroni Salad

12 ounces elbow macaroni	1 cup cubed Colby Jack cheese
⅓ cup red onion	Sauce:
1 cup diced red, yellow, and orange peppers	¾ cup mayo
6 ounce canned black olives, chopped	⅓ cup white sugar
½ cup grape tomatoes, halved	2 tablespoons white vinegar
½ cup broccoli, cut into bite-sized pieces	1 teaspoon lemon juice
	1 teaspoon onion powder

1. Cook noodles according to package directions, and strain. Chop up all the veggies and additions and toss with noodles. Mix sauce ingredients together in a separate bowl. Pour sauce over the top and toss to combine. Refrigerate up to 2 days. Enjoy!

Photo and recipe from realhousemoms.com



Herbed Potato Salad

2 pounds small red potatoes, scrubbed and sliced into ¼-inch thick rounds

1 tablespoon fine sea salt

¼ cup olive oil

⅓ cup lightly packed fresh flat-leaf parsley, roughly chopped, plus about 2 tablespoons more for garnish

⅓ cup roughly chopped green onions, plus about 2 tablespoons thinly sliced for garnish

2 tablespoons fresh lemon juice

2 teaspoons Dijon mustard

2 cloves garlic, roughly chopped

Freshly ground black pepper, to taste

3 stalks celery, chopped

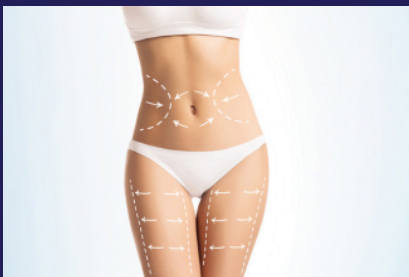
Photo and recipe from cookieandkate.com

1. In a large saucepan or Dutch oven, combine sliced potatoes and salt. Cover with water by 1 inch. Bring to a boil over high heat, then reduce heat to medium-low and cook until potatoes are easily pierced by a paring knife and pulled out with little resistance, about 5 to 6 minutes.
2. Reserve ¼ cup cooking water, then drain. Transfer the potatoes to a large mixing bowl. In a small food processor or blender, combine the olive oil, ⅓ cup parsley, ⅓ cup green onions, lemon juice, Dijon mustard, garlic, and freshly ground black pepper. Process until the herbs and garlic have been chopped into little pieces. Then, while running the food processor, pour in the reserved cooking water, and process just until blended. (If you don't have a food processor or blender, just finely chop the parsley and onions, and whisk the dressing together until the oil is fully incorporated.)
3. Drizzle the potatoes with the herbed olive oil mixture and gently mix to combine. (It will look like you've poured in too much dressing, but don't worry, the potatoes will soak it up!) Let the potatoes rest for ten minutes, gently tossing every few minutes. Add the celery to the bowl, along with a couple tablespoons each of additional chopped parsley and green onions. Toss again. Season generously to taste with salt and pepper.
4. Serve immediately, or cover and refrigerate until you're ready to serve. This salad is best served within a few hours, but will keep in the refrigerator for about three days.



DR. NASH

brings the future of body sculpting.



*Build your muscle,
& Sculpt your body*

MEDICAL BENEFITS:

- Strengthens Abdominal Wall to Improve Core Strength
- Reduces Back Pain & Improves Sciatic Pain
- Improves Overall Function

AESTHETIC BENEFITS:

- Studies Show 19% Fat reduction
- 2 Months of Gains in 2 Hours
- Sculpted & Tighten Stubborn areas: Abdominals, Buttocks, Thighs + Arms



EMSCULPT®

NO EXERCISE. NO NEEDLES. NO DOWNTIME



PROGRESSIVE PAIN
& REHABILITATION, LLC
Regenerative Medicine
Pain Management

DRNASHCARES.COM

346.220.8063

10710 Kuykendahl Road, Suite #110
The Woodlands, Texas 77381



Crispy Buffalo Chicken Wings

CHICKEN WINGS

4 pounds chicken wings cut into drumettes and flats
1 tablespoon aluminum free baking powder (NOT baking soda)
½ teaspoon salt
2 teaspoons garlic powder
Pinch of cracked pepper

BLUE CHEESE DIP:

½ cup crumbled blue cheese softened
⅓ cup sour cream
¼ cup mayonnaise
2 cloves garlic minced
1 tablespoon lemon juice
Pinch of salt
Pinch of cracked black pepper

BUFFALO SAUCE:

¼ cup unsalted butter, melted
½ cup red hot sauce
1-2 tablespoons honey, white sugar, or brown sugar (adjust to suit your tastes)

TO SERVE:

Ranch dressing
Blue cheese dip
Celery sticks

1. Adjust oven rack to upper-middle position and preheat oven to 450°F. Line a rimmed baking sheet with aluminum foil and set a heatproof wire rack inside. Pat dry chicken wings well with paper towels, squeezing out as much moisture as you can and transfer them to a large bowl.
2. In a small bowl, combine the baking powder, garlic powder, salt and pepper together, whisking well to combine, and sprinkle the mixture over the wings. Toss wings through the baking powder mixture until evenly coated.
3. Arrange on rack, leaving about 1-inch of space between each wing.
4. Bake for 30 minutes; flip and continue to cook until crisp and golden brown, (about 20-30 minutes longer), until golden browned and crispy.
5. While wings are cooking, whisk together hot sauce, butter, and sugar. Toss wings through the sauce to evenly coat.
6. Serve wings immediately with blue cheese dressing or ranch dressing, and celery sticks.

Photo and recipe from cafedelites.com

Insanity Burger

1 $\frac{3}{4}$ pounds ground chuck steak
Olive oil
1 large red onion
Splash of white wine vinegar
2 large gherkins
4 sesame-topped brioche burger buns
4–8 slices of smoked bacon
4 teaspoons yellow mustard
Tabasco Chipotle sauce
4 thin slices of Red Leicester cheese
4 teaspoons tomato ketchup

BURGER SAUCE:

$\frac{1}{4}$ of an iceberg lettuce
2 heaping tablespoons mayo
1 heaping tablespoon tomato ketchup
1 teaspoon Tabasco Chipotle sauce
1 teaspoon Worcestershire sauce
Optional: 1 teaspoon brandy or bourbon



Photo and recipe from epicurious.com

1. Divide ground meat into 4 and, with wet hands, roll each piece into a ball, then press into flat patties roughly 5 inches wide and about $\frac{3}{4}$ inch wider than your buns. Place on an oiled plate and chill in the fridge. Next, finely slice the red onion, then dress in a bowl with the vinegar and a pinch of sea salt. Slice the gherkins and halve the buns. Finely chop the lettuce and mix with the rest of the burger sauce ingredients in a bowl, then season to taste.
2. Pat your burgers with oil and season them with salt and pepper. Put two burgers into the first pan, pressing down on them with a spatula, then put $\frac{1}{2}$ the bacon into the other pan. After 1 minute, flip the burgers and brush each cooked side with a $\frac{1}{2}$ teaspoon of mustard and a dash of Tabasco. After another minute, flip onto the mustard side and brush again with another $\frac{1}{2}$ teaspoon of mustard and a second dash of Tabasco on the other side. Cook for 1 more minute, at which point you can place some crispy bacon on top of each burger with a slice of cheese. Add a tiny splash of water to the pan and place a heatproof bowl over the burgers to melt the cheese—30 seconds should do it. At the same time, toast split buns in the bacon fat in the other pan until lightly golden.
3. To build each burger, add a quarter of the burger sauce to the bun base, then top with a cheesy bacon burger, a quarter of the onions, and gherkins. Rub the bun top with a teaspoon of ketchup, then gently press together. As the burger rests, juices will soak into the bun, so serve right away.

Baked Parmesan Creamed Corn

2 cans cream-style corn
1 can whole kernel sweet corn
¼ cup flour
3 large eggs
1 teaspoon salt, or to taste
¼ teaspoon pepper, or to taste
½ teaspoon garlic powder
2 teaspoons sugar
½ cup finely grated Parmesan cheese
⅓ cup crushed buttery crackers
4 tablespoons melted butter
Grated Parmesan for garnish (optional)

1. Preheat oven to 350°F and grease a baking/casserole dish.
2. In a large bowl, stir together cream style corn, whole kernel corn, flour, eggs, salt, pepper, garlic powder, and sugar. Pour mixture into prepared baking dish. Sprinkle Parmesan cheese over the top. Bake in preheated oven for 35-40 minutes. Remove from oven, sprinkle crushed crackers over the top, then drizzle with melted butter. Bake for another 5 minutes until crackers are browned. Allow to cool slightly before serving. Top with grated Parmesan cheese if desired.



Photo and recipe from lecremedelacrumb.com



Photo and recipe from marxfood.com

Hot Dogs With Apple-Cabbage Slaw, Caraway-Dill Aioli & Fried Shallots

CARAWAY-DILL AIOLI:

¼ teaspoon caraway seeds
1 tablespoon minced fresh baby dill
¼ teaspoon spicy Dijon mustard
¼ teaspoon salt
2 teaspoons lemon juice
1 egg yolk
¾ cup canola oil
Optional: 1 teaspoon water (if needed to thin mayo)

APPLE & CABBAGE SLAW:

¼ cup seasoned rice wine vinegar
½ Honeycrisp apple
½ Granny Smith apple

½ Fuji apple
1 tablespoon apple cider vinegar
2 cups shredded red cabbage
2 teaspoons salt

CRISPY SHALLOTS:

2 shallots, sliced into thin rings
Canola oil
Salt
8 hot dog buns
Melted butter
1 tablespoon canola oil
8 hot dogs

1. Make the Dill & Caraway Mayonnaise: Toast the caraway seeds in a dry pan until aromatic.
2. Combine them in a large bowl with the minced dill, lemon juice, mustard, and salt. Whisk in the egg yolk, then continue to whisk while slowly drizzling in the canola oil until a smooth mayo forms.
3. Core & julienne the apples, tossing all the pieces in the rice wine and cider vinegar as you cut them, so they don't start to brown.
4. Massage the cabbage with the salt for a minute. Put the cabbage in a small strainer & weigh it down with something heavy (another bowl filled with water, etc). Let any juices drain out for 20 minutes, or until a quarter cup of water has collected under the strainer. Taste the cabbage, if it is too salty, briefly rinse it.
5. Fry the crispy shallots: Preheat the canola oil in a deep, narrow pot to 350°F. Add the shallot rings & fry them just until they brown. Scoop the shallot pieces out of the oil & spread them out on paper towels to drain. Sprinkle them with salt while they're still hot.
6. Brush the cut side of the hot dog buns with melted butter. Toast them in a hot pan.
7. Remove the buns from the pan and add the tablespoon of canola oil. Add the hot dogs to the pan and sear them.
8. Toss the cabbage together with the apple sticks & vinegar.
9. Serve the hot dogs on toasted buns with the mayonnaise, shallots, slaw, and mustard.

Mac And Cheese Stuffed Cheeseburger

MAC AND CHEESE:

½ pounds macaroni, cooked
½-1 shallot
2 tablespoons butter
1 ½ tablespoons all-purpose flour
½ tablespoon corn starch
1 cup half n half
6 ounces shredded cheese blend –

(sharp cheddar, clothbound cheddar, and Gruyere is a good mix)

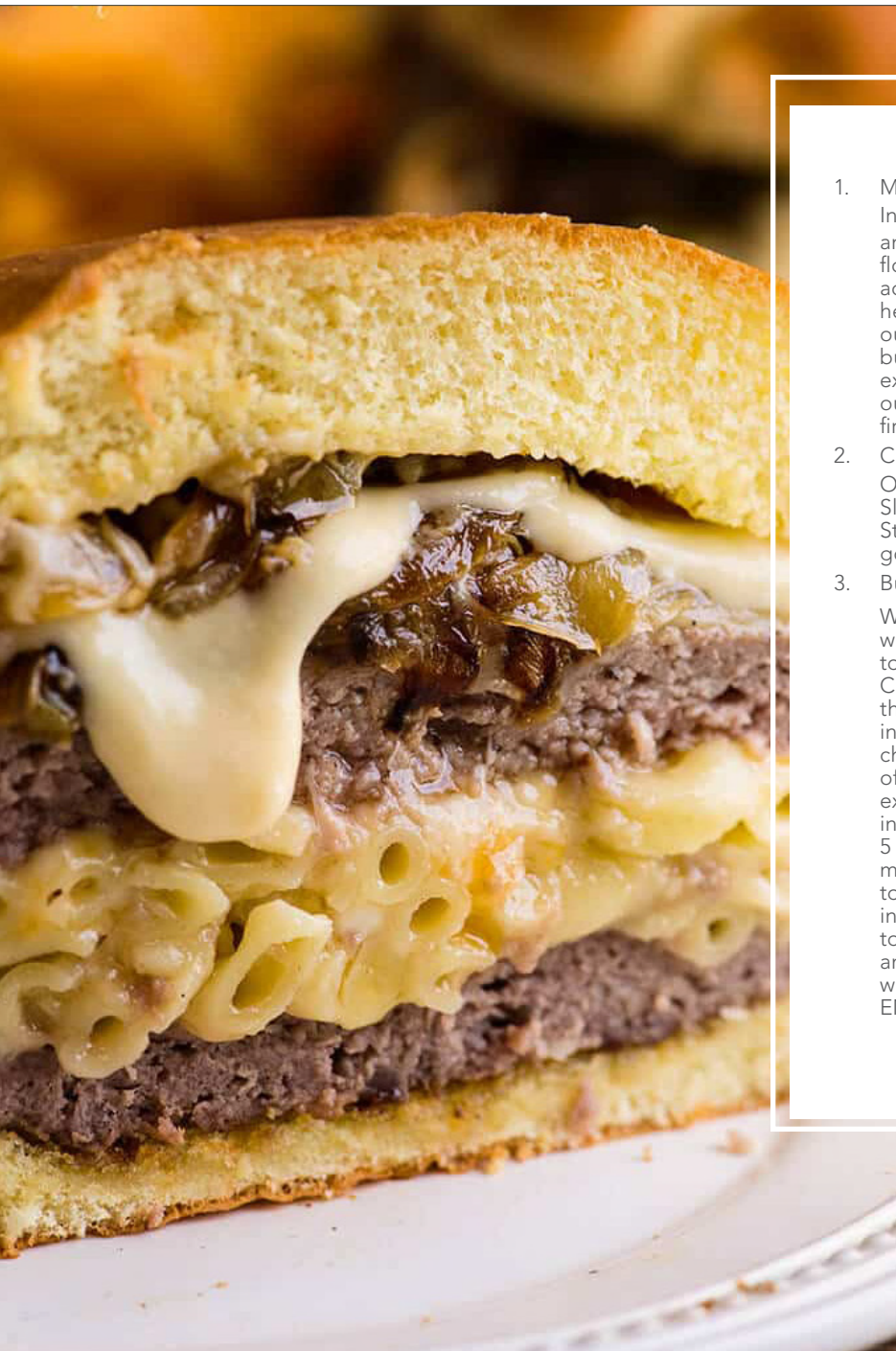
Salt and white pepper to taste
3 ounces extra shredded cheese

CARAMELIZED ONIONS AND PEPPER:

1 large onion
1 large poblano pepper

BURGER:

3 pounds ground chuck
Seasoned salt
Pepper
Onion powder
6 slices pepper jack cheese or another cheese you like for melting on top
Brioche buns



1. Mac and Cheese:

In a saucepan on medium/low heat, melt the butter and add the shallots - cook until fragrant. Add the flour and stir, cooking until the roux is a light tan. Then, add the half n half and stir until thick. Remove from heat and add the cheese, stir until melted. Then take out some of the sauce (about ½-⅓ cup) to top your burgers with later. Add the noodles and stir. Add the extra cheese (optional, for cheese chunks) and spread out in the bottom of a pan (9x13 pan). Refrigerate until firm (about 2 hours).

2. Caramelized onion and pepper:

Over medium heat, add some oil to a non-stick pan. Slice the onion and pepper and add them to the oil. Stir occasionally; cook until the onions are a dark golden color - about 15 minutes.

3. Burger:

While the onion is cooking, season your ground chuck with pepper and onion powder (or whatever you like to use) and mix it. Go as heavy or light as you prefer. Cut the mac and cheese into circles, about 3 ½ inches thick. Press out the meat into a flat circle, around 4 ½ inches around and about ½ inch thick. Place a mac and cheese round on top and cover with another round of meat, then seal the edges (you can pull away any excess). Sprinkle salt on both sides of patties. Place in a hot skillet with some oil in it and cook for about 5 minutes on the first side, flip, and cook about 5 minutes on the second side (you can use a lid simply to make sure the mac and cheese is getting heated inside). At about the last minute, add slices of cheese to the burger. Add an ice cube to the pan for moisture and put a lid on it. Add to a toasted brioche bun, top with the onions, extra cheese sauce, and the top bun! ENJOY!

Photo and recipe from ashleemarie.com



Photo and recipe from omnivorescookbook.com

Cheesy BBQ Sausage Bites

- 1 pound ground breakfast sausage
- 3 mozzarella string cheese sticks
- 12 slices bacon
- 1 cup BBQ Sauce, plus additional sauce for serving

1. Build a charcoal fire for indirect cooking using charcoal briquettes with hickory or mesquite by situating the coals on only one side of the grill, leaving the other side void, and preheat the grill to 350°F.
2. While the grill preheats, divide breakfast sausage into 12 even portions then flatten into disks. Cut each string cheese stick into four even portions and place each cheese section onto a ground beef disk. Gently form the ground sausage around the cheese so that the cheese is entirely encased. Wrap each cheese stuffed meatball in a slice of bacon and use a toothpick to secure the end of the bacon.
3. Place the bacon wrapped meatballs onto the cool side of the grill, cover the grill and allow them to smoke for approximately 20 minutes. When they are cooked through and the bacon is nicely browned and crisp, brush meatballs with a smoked hickory BBQ sauce, cover the grill, and allow the sauce to set for 2 minutes.
4. Remove meatballs from the grill and serve immediately with additional BBQ sauce

Photo and recipe from eatingwell.com

Chili-Cheese Nachos

- 1 pound lean ground beef
- $\frac{3}{4}$ cup finely chopped white onion
- $\frac{1}{2}$ cup finely chopped red bell pepper
- 4 cloves garlic, chopped
- 2 tablespoons chili powder
- 1 tablespoon ground cumin
- 2 teaspoons dried oregano
- 1 teaspoon ground coriander
- 1 (14 ounce) can diced tomatoes
- $\frac{1}{4}$ cup water
- 8 ounces tortilla chips
- 2 cups shredded cheese, such as cheddar or pepper Jack

1. Preheat oven to 350°F. Cook beef, onion, bell pepper, and garlic in a large skillet over medium-high heat, crumbling the beef with a spatula, until the meat is browned, 8 to 10 minutes. Stir in chili powder, cumin, oregano, and coriander; cook, stirring, for 30 seconds. Add tomatoes (with their juice) and water and simmer for 5 minutes. Top chips with the chili and cheese. Bake until the cheese is melted, about 7 minutes.





Photo and recipe from tasteofhome.com

Candy Apple Pie

6 cups sliced, peeled, tart apples
2 tablespoons lime juice
 $\frac{3}{4}$ cup sugar
 $\frac{1}{4}$ cup all-purpose flour
 $\frac{1}{2}$ teaspoon ground cinnamon
 $\frac{1}{4}$ teaspoon salt
Pastry for double-crust pie (9 inches)

2 tablespoons butter
TOPPING:
2 tablespoons butter
 $\frac{1}{4}$ cup packed brown sugar
1 tablespoon heavy whipping cream
 $\frac{1}{4}$ cup chopped pecans

1. In a large bowl, toss apples with lime juice. Combine the sugar, flour, cinnamon and salt; add to apples and toss lightly.
2. Line a 9-in. pie plate with bottom crust and trim even with edge; fill with apple mixture. Dot with butter. Roll out remaining pastry to fit top of pie. Place over filling. Trim, seal and flute edges; cut slits in pastry.
3. Bake at 400° for 40-45 minutes or until golden brown and apples are tender.
4. For topping, melt butter in a small saucepan. Stir in brown sugar and cream; bring to a boil, stirring constantly. Remove from the heat and stir in pecans.
5. Pour over top crust. Bake 3-4 minutes longer or until bubbly. Place on a wire rack. Serve warm.

Homemade Bomb Pops

SUGAR WATER

3 cups water
1 cup sugar

RED LAYER

1 cup sugar water
 $\frac{1}{4}$ cup cherry syrup

WHITE LAYER

$\frac{3}{4}$ cup sugar water
 $\frac{3}{4}$ cup coconut milk
 $\frac{1}{4}$ tsp lime extract

BLUE LAYER

1 $\frac{1}{4}$ cup sugar water
1 teaspoon raspberry extract
3-4 drops of blue food coloring

1. Sugar Water:
Place water and sugar in a saucepan over medium-high heat. Stir until sugar has completely dissolved. Set aside and let cool.
2. Red Layer:
Combine sugar water and cherry syrup. Fill each popsicle mold $\frac{1}{3}$ of the way. Freeze for at least 2 hours.
3. White Layer:
Mix together sugar water, coconut milk, and lime extract. Fill each popsicle mold $\frac{1}{3}$ of the way. Now you want to place on the aluminum cover and add the popsicle sticks. Freeze for at least 2 hours.
4. Blue Layer:
Mix together the sugar water, raspberry extract, and blue food coloring. Remove the aluminum cover and fill each popsicle mold the last $\frac{1}{3}$ of the way (careful not to overfill!). Freeze for at least 2 hours.
5. To remove the popsicles from the mold, run the mold under warm water for about 10 seconds.
6. Serve immediately or wrap extras in parchment paper and store in an airtight container in the freezer.



Photo and recipe from cookingwithjanica.com



Homemade Vanilla Bean Ice Cream

2 cups whole milk
2 cups heavy cream
1 cup sugar
Pinch salt
2 vanilla beans
5 large egg yolks

1. Get out a large bowl and a mesh strainer and set aside.
2. In a medium sauce pan, bring the milk, cream, $\frac{1}{2}$ of the sugar ($\frac{1}{2}$ cup), and salt to a boil (keep a close eye on it so it doesn't boil over).
3. In a medium bowl, whisk the egg yolks with the remaining $\frac{1}{2}$ cup of sugar. Once the milk is boiling, lower the heat to medium low and add in the vanilla bean seeds or extract. Use a measuring cup to transfer $\frac{1}{4}$ cup of the hot milk to the egg yolks and whisk to combine. Do this one more time (tempering the eggs and bringing them to a warm temperature), then add in all of the egg yolk mixture into the sauce pan. Stir constantly for about 5 minutes, scraping the sides and bottom of the pan to prevent sticking. The custard should be thick enough to coat the back of a spoon when it's ready. Do not allow the custard to boil.
4. Pour the custard into the prepared strainer set over a large bowl. Cover the top of the custard with plastic wrap (literally on top of the liquid to prevent a skin from forming). Set the custard in the fridge to cool for 1 hour.
5. Once custard is cool, pour into an ice cream maker and churn according to the manufacture directions (usually about 25 minutes). Transfer the ice cream to an air tight, freezer safe container and place in the freezer. Freeze for 2-4 hours before serving.

Photo and recipe from thevintagemixer.com

Summer Berry and Coconut Pudding Tart

1 ½ cups graham cracker crumbs
5 tablespoons coconut oil, melted
¼ cup plus 1 tablespoon baker's sugar
2 tablespoons cornstarch
¼ teaspoon kosher salt

1 (13.9 ounce) can coconut milk (not fat free)
1 teaspoon vanilla
6 ounces fresh raspberries
6 ounces fresh blackberries
6 ounces fresh blueberries

1. Preheat oven to 350°F.
2. Combine cracker crumbs, melted coconut oil and 1 tablespoon baker's sugar together in a bowl. Mix well. Press into the bottom of a tart pan. Bake for 10 minutes or until slightly browned. Remove from oven and allow to cool while you prepare the pudding.
3. Combine ¼ cup sugar, cornstarch and kosher salt in a bowl.
4. Heat coconut milk in a pan over medium heat just until the edges begin to bubble. Slowly whisk in ¼ of the cornstarch mixture. Mix until dissolved, being careful of clumps. Repeat until all of the cornstarch mixture is mixed in. Continue cooking, over medium low heat until thickened, 5 - 7 minutes. Do not boil. Remove from heat and stir in vanilla.
5. Pour pudding mixture into cooled crust. Cover, pressing plastic wrap against the top of the pudding and refrigerate for 4 - 5 hours until set.
6. When ready to eat, mix berries together in a bowl. Scatter over the top of the pudding. Serve chilled.



Photo and recipe from lifesambrosia.com

FOR A VIDEO
PRESENTATION,
TEXT
LAKELIFE
TO
72345

THE SHORELINE — AT WATERPOINT —

NOW OPEN
MOVE IN TODAY



LUXURY MID-RISE CONDOMINIUMS

199 WATERPOINT COURT
The address says it all...

PRESTIGIOUS • WATERFRONT • STUNNING

Shoreline Condominiums
199 Waterpoint Court
Montgomery, Texas 77356

936.236.1975



TheShorelineCondo.com

The Shoreline is nestled on the southern shores of Lake Conroe within the Waterpoint community, the new "Hot Spot" for locals and Houstonians.

From your exclusive, privately gated home, you have access to the half mile walking trail meandering along the shoreline adjacent to Waterpoint Marina, the lake's only 1st Class Marina offering Starbucks, three quaint waterfront restaurants with indoor and outdoor dining, a Paul Mitchell Hair Salon, Elements Exclusive Massage and Spa, diverse retail, shopping and more.

The lake offers over 157 miles of shoreline and expands 26 miles long and 6 miles wide. *The Shoreline* is located one hour north of Houston and only 20 minutes from the Woodlands.

For an exclusive, yet relaxing waterfront lifestyle, call today to schedule your private tour – Debbie and James are here to assist.



Debbie



James

ON LAKE CONROE • NOW SELLING FROM \$500K TO \$1.2M+
STUNNING LAKE VIEWS FROM EVERY HOME • LOCK & LEAVE LIFESTYLE
ONLY 56 WATERFRONT RESIDENCES • 2-4 BEDROOM LUXURY CONDOMINIUMS



POST OAK MOTOR CARS

ANNOUNCED AS PRESENTING PARTNER OF RESTAURANT ROW VALET IN HUGHES LANDING

The Howard Hughes Corporation® (NYSE: HHC) announced today that Post Oak Motor Cars, a Tilman Fertitta company, is the new, exclusive valet and luxury automotive partner of Hughes Landing®, the 79-acre award-winning, mixed-use development on Lake Woodlands.

Post Oak Motor Cars will display luxury vehicles along Restaurant Row in Hughes Landing, offering valet service at Restaurant Row. In addition, complimentary valet parking will be available for vehicle owners who have purchased their vehicle at Post Oak Motor Cars.

"We are pleased to collaborate with Post Oak Motor Cars as the new valet service on Restaurant Row in Hughes Landing. The attention to detail and customer service which Post Oak Motor Cars provides its clients complements the premier lifestyle destination found in Hughes Landing," said Jim Carman, Senior Vice President, Commercial Development for The Howard Hughes Corporation. "We want to provide our guests an excellent customer experience from valet parking to a diverse collection of retailers and restaurants, multifamily living, Class A office space, entertainment and hotel accommodations."

Located in the Uptown/Galleria area of Houston, Post Oak Motor Cars is Texas' only Bugatti and Karma dealership; Houston's only authorized Bentley franchise; and the Gulf Coast's largest authorized Rolls Royce dealership. Post Oak Motor Cars offer both new and pre-owned luxury vehicles.

"We're thrilled to bring the luxury of our unmatched concierge service to The Woodlands," General Manager Lonny Soza said. "We understand the unique needs of the most elite clientele in the world, and Post Oak Motors is able to provide unparalleled service at a client's doorstep. Anything they want, anything they need, we deliver."

Along with providing valet parking, Post Oak Motor Cars will showcase three of their luxury vehicles at Restaurant Row. During special events, vehicle specialists will be onsite and offer test drives to Hughes Landing patrons.

POST OAK MOTOR CARS

A TILMAN FERTITTA COMPANY



1530 W. Loop South
Houston, TX 77027

Service: (713) 297-2870 | Hours

Sales: (713) 850-1530 | Hours

Parts: (713) 297-2860 | Hours

postoakmotors.com

Haley Garcia knows The Woodlands

COMPASS

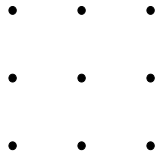
Specializing in The Woodlands, East Shore, and Greater Houston, Haley Garcia and her team have been one of the leading real estate groups representing buyers and sellers successfully for over 18 years.



**HALEY
GARCIA
GROUP**



The Haley Garcia Group has been recognized as one of the 2019 America's Best Real Estate Professionals Top 50 teams statewide.



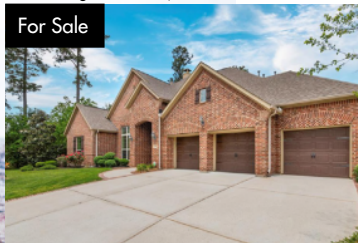
47 Hammock Dunes Pl | \$1,499,000

For Sale



10 Yarbough Bend Ct | \$650,000

For Sale



25796 Tranquility Ln | \$850,000

For Sale



Haley Garcia, Broker Associate
936.238.7122
haleygarcia.com

THE STARS *AT NIGHT*

The Lone Star State's greatest players and most memorable moments.



HOUSTON HOSTS THE SUPER BOWL

On February 5, 2017, Houston was host to Super Bowl LI. The New England Patriots took home the trophy, making it their 5th win – historic not only due to their 25-point comeback (the largest in league history), but because it bumped the team to second place on the all-time Super Bowl wins list.

Photo: si.com



THE HOUSTON DYNAMO WIN THE MLS CUP (TWICE!)

Houston's hometown soccer team won not one, but two MLS Championships in back-to-back seasons. The team wears their stars on their chests, and has returned to the playoffs multiple times.

Photo: baseballhall.org



CHAMPIONS SCHOOL OF REAL ESTATE®

AUSTIN | DALLAS | FORT WORTH
HOUSTON | SAN ANTONIO | NEW BRAUNFELS
ONLINE | CHAMPIONS LIVE | NATIONAL

Now is the Time for a Career in Real Estate, Loan, Inspection or Appraisal!

If you are considering a career in real estate or any related real estate field, you need to know how fortunate you are to live in Texas. The following are reasons Texas agents and affiliates are excited about our economy:

- Texas is the #1 state for largest resident inflows! That means more houses to sell and more businesses moving into our state. *U-Haul National Migration Trend Reports*
- Texas housing average days on market are at a very low 59 and inventory levels remain historically low at 3.8 months. The Residential Construction Leading Index reached its highest level in ten years. (*Texas Housing Insight - July 2nd, 2019; recenter.tamu.edu*)
- Texas' pace of job creation exceeded the nation's for the year with an annual growth rate of 2.4%; the nation's rate is at 1.8%. (*Recenter.tamu.edu*)
- Five cities in Texas are in Forbes' Top 25 Best Places to Live in the U.S. The most from any state!

Champions School of Real Estate® is your choice school for a new career!

We have counselors at our brick and mortar schools in every major metropolitan area of Texas to help counsel you with any question you may have. We also have online counselors and live chat for our customers.

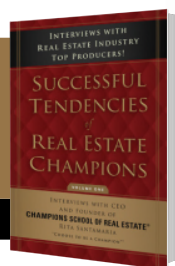
- Visit us online to see our thousands of testimonials from satisfied real estate, loan officer, inspector and appraiser students. They love us! Choose to be a Champion™!

REAL ESTATE TOP PRODUCERS SECRETS TO SUCCESS

Successful Tendencies of Real Estate Champions is a collection of sales tips, networking advice, and success stories from Top Producing Texas Real Estate Agents and Brokers in a very readable and compact hardcover book.

ON SALE NOW | ONLY \$14.95

Purchase Your Copy at www.ChampionsSchool.com/Success



"YOU CAN DO IT, WE CAN HELP!"



< Rita D. Santamaria

Owner, Founder and CEO of Champions School of Real Estate®

2019 HousingWire Magazine Women of Influence

Cover Feature - Houston Woman Magazine (April 2018)

2018 W.I.S.H., Women Inspiring Strength and Hope, Society Honoree, an affiliate of Make-a-Wish Texas Gulf Coast and Louisiana

SPIRIT Honoree for Make-a-Wish (2018)

Forbes Real Estate Council Member (2017)

Platinum Top 50 - San Antonio Career Achievement Award (2016)

Women's Chamber of Commerce of Texas - Woman of the Year Honoree (2013)

Cover Feature - Small Business Today (September 2013)

Top 50 Most Influential Women in Houston (2010)

Texas State WCR Chapter Business Woman of the Year (2008)

Named in National Top 25 Most Influential People in Real Estate by ActiveRain.com (2007)

NAR REBAC Realtor® Hall of Fame (2003)



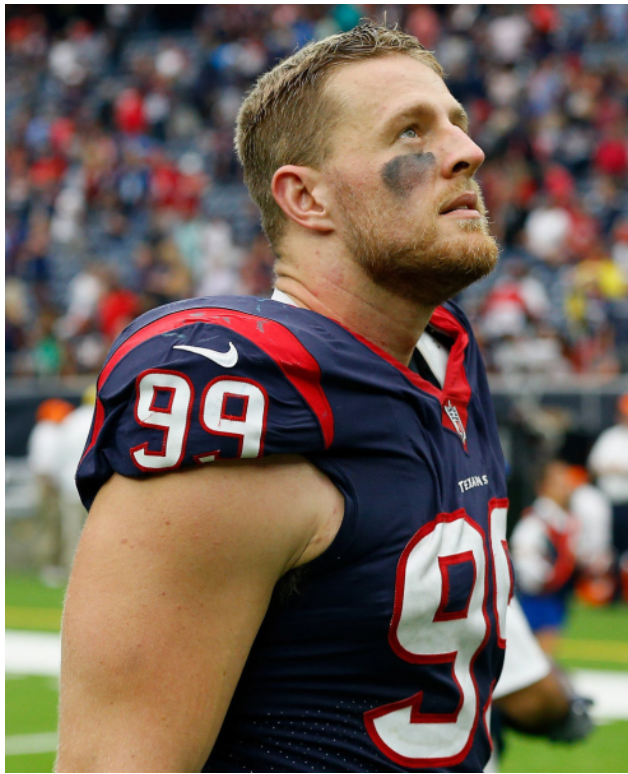
Galleria Campus
713-629-4543
1001 W Loop S, Ste 205
Houston, TX 77027

North Campus
281-893-4484
5627 Cypress Creek Pkwy #100
Houston, TX 77069

West Campus
281-496-7386
738 Highway 6 South #150
Houston, TX 77079

Choose to be a Champion!™
Open to the Public

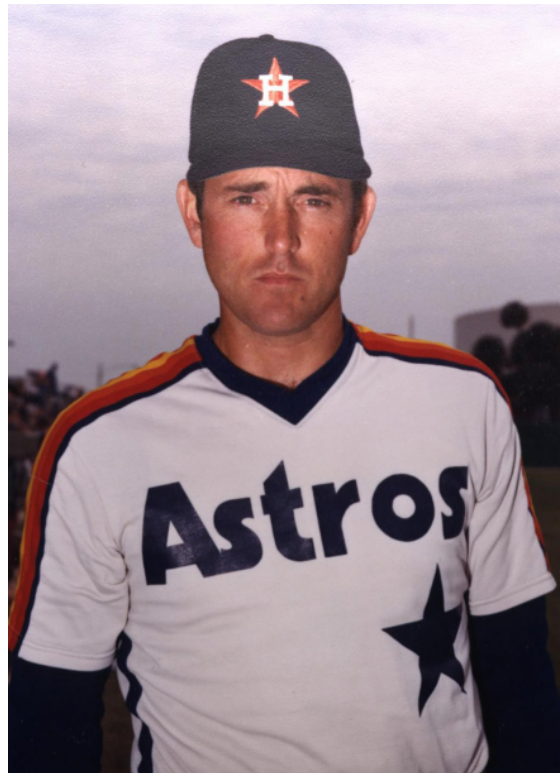
www.ChampionsSchool.com
TREC #0005



JJ WATT

The Texans super star might not be from Texas, but he's become one of Houston's most loved hometown heroes. His heart and philanthropic spirit have made him a part of our community.

Photo: time.com



NOLAN RYAN

The Baseball Hall of Famer, former Astro and Ranger, and adviser to the current Astros owner, Nolan Ryan isn't just a part of Texas sports history, he's a part of American history.

Photo: baseballhall.org

The Woodlands Premier Pre-Owned & Vintage Rolex Watches

SELL • BUY • REPAIR SERVICE • CUSTOMIZE

CERTIFIED
PRE-OWNED
**ROLEX
WATCHES**



ROLEX STAINLESS
STEEL SUBMARINER



ROLEX STAINLESS STEEL
SUBMARINER-THE HULK



ROLEX STAINLESS STEEL
AND 18K SUBMARINER



ROLEX STAINLESS STEEL
SUBMARINER DATE



ROLEX STAINLESS STEEL AND
18K SUBMARINER

*Premium jewelry selection
for every occasion*



DOUGLAS
JEWELERS

936.539.1109
1109 West Dallas, Suite 130 • Conroe, Texas 77301

Rolex and the model names mentioned are registered trademarks of Rolex Watch U.S.A., Inc. Not an authorized dealer for, or affiliated with, endorsed or sponsored by, Rolex Watch U.S.A., Inc. or any affiliates or subsidiaries.

JAMES HARDEN

A current Houston Rockets favorite, Harden isn't from Houston, but he's quickly made the city his home. In addition to leading the team to winning seasons, he's become a top scorer in the league.

Photo: nba.net



SIMONE BILES

The gymnast is from right here in our backyard, and holds 30 Olympic medals (22 of which are Gold)! She's become a national icon and a role model for the next generation of Olympians.

Photo: westernmotorcoach.com



BRIAN CHING

A member of the United States Championship team, the former Houston Dynamo originally hails from Hawaii, but has made Houston his home. After he retired from the MLS he stayed in Houston and has become a part of the local community.

Photo: cbslocal.com



Pain Relief

**Physically
Mentally**

Dr. Hyun Jong Kim
L.Ac., O.M.D., Ph.D.
Acupuncturist, Herbalist
Doctor of Oriental Medicine

**Address the cause
not just the symptoms**

Pain, Anxiety, Depression, Dizziness, ADD, ADHD,
Sinus Allergies, Insomnia, Skin Problems, Digestive
Disorders, Infertility, Menopause...



THE PLACE TO HEAL

832 - 660 - 4838

25222 Grogan's Mill Rd.
The Woodlands TX 77380

www.REDACU.com

Best of The Woodlands 2 years in a row





THE HOUSTON LIVESTOCK SHOW & RODEO

The largest rodeo in America, the HLSR is a Houston favorite and is also a magnet for the best and the brightest bull riders, barrel racers, and more.

Photo: westernmotorcoach.com



TROY AIKMAN

One of the Dallas Cowboys most iconic players, Troy Aikman is still a household name to this day. He won three Super Bowls, was a Super Bowl MVP, and is a member of the Pro Football Hall of Fame.

Photo: pinterest.com



GOODBYE OILERS, HELLO TEXANS

The Houston Oilers franchise moved to Nashville, Tennessee for the 1998 season, leaving the city without an NFL team. It wasn't until 2002 that Houston debuted our new heroes, the Houston Texans. The Oilers later became the Tennessee Titans and have since become one of the Houston Texan's biggest rivals.

Photo: footballfanatics.com



VINCE YOUNG

The former Tennessee Titans Quarterback hails from Houston and spent his college years at the University of Texas. He led the Longhorns to one of their most iconic Rose Bowl victories.

Photo: thespun.com



THE DALLAS COWBOYS' WINNING STREAK

Long known as one of the most winning teams in the NFL, the Dallas Cowboys have won five Super Bowls, ten conference championships, and 24 Division Championships. The team was also recently recognized as one of the most valuable teams in the NFL.




Photo: pinterest.com



**SCOTT FERNANDEZ
REALTY**

TIME FOR A CHANGE

"All we can say is WOW! Scott was always available for questions and made us feel like we were the only client. Our home sold within twelve days and we found our dream home within one week. We were totally impressed and would recommend Scott to anyone who wants to sell their home quickly and not leave money on the table."

-  602.525.1524
-  Scott@ScottFernandez.net
-  ScottFernandezRealtor.com



RE/MAX
The Woodlands & Spring



DREW BREES

The New Orleans Saints' beloved quarterback got his start in Austin, Texas.

Photo: pinterest.com



THE HOUSTON ASTROS WIN THE WORLD SERIES

Our city's most recent championship team, the Astros won the World Series in 2017 after an amazing season. We welcomed them home with a show-stopping parade and the entire city could be heard chanting 'Go 'Stros'!

Photo: wsj.net



HOUSTON ROCKETS CONSECUTIVE CHAMPIONSHIPS

The team won two championships in back-to-back seasons in 1994 and 1995. These wins earned us the name Clutch City – a nickname that endures today.

Photo: houstonchronicle.com



HAKEEM OLAJUWON

One of the Houston Rockets' most beloved players, Olajuwon played in Houston from 1984 until 2001. He helped the team win their 1994 Championship and was voted MVP.

Photo: nba.net



EARL CAMPBELL

The Heisman Trophy Winner, former New Orleans Saint, and Houston Oiler is from Tyler, Texas. He played college football at the University of Houston and continues to be a Texas sports hero.

Photo: houstonchronicle.com



“

We strive to put the patient first and make every effort to enlist the patient in their individualized care plan.

”

Dr. Ed Nash

AT PROGRESSIVE PAIN & REHABILITATION, YOU'RE MORE THAN JUST A PATIENT...

you're a part of the family.

Services

REGENERATIVE MEDICINE
STEM CELL THERAPY
LOW BACK PAIN
THORACIC/MID-BACK PAIN
LEG PAIN
HIP PAIN
KNEE PAIN
HEAD & NECK PAIN
ARM PAIN
SHOULDER PAIN
JOINT PAIN
PRP THERAPY
ELECTRODIAGNOSTICS
ULTRASOUND, FLUOROSCOPIC,

& ELECTROMYOGRAPHIC
GUIDANCE
NUTRITION
VITAMIN SUPPLEMENTATION
METABOLIC SUPPORT
ENDOCRINE CARE
MIND-BODY TECHNIQUES
NEUROMUSCULAR
RETRAINING
EMSCULPT
VANQUISH ME
EXILIS
CELLUTONE

NOW OFFERING: BTL AESTHETICS

Conditions Treated

LOW BACK
THORACIC
HIPS

KNEES
LEG
HEAD & NECK

SHOULDERS
ELBOWS/WRISTS/
HANDS

- Call our office to learn more about BTL Aesthetics -



PROGRESSIVE PAIN
& REHABILITATION, LLC
Regenerative Medicine
Pain Management

DRNASHCARES.COM
346.220.8063
10710 Kuykendahl Road, Suite #110
The Woodlands, Texas 77381

THE *HOME* TEAM

Elevate your game and become a backyard pro.



GIANT JENGA

MATERIALS:

Scrap piece of 4"x 4" post – optional dice (actually measure 3 1/2" x 3 1/2")

Sandpaper

26 – 1 1/4" wood screws – optional for carrying crate

Wood Glue – optional for carrying crate

2 – Drawer Handles – optional for carrying crate

Paint/Stain – optional

Paint brush – optional

CUT LIST:

54 – 1 1/2" x 2 1/2" x 7 1/2" Jenga block pieces cut from the 2x3 boards

Optional carrying crate:

4 – 3/4" x 7 1/4" x 19 3/4"

2 – 3/4" x 7 1/4" x 13"

Optional dice:

1 – 3 1/2" x 3 1/2" x 3 1/2" from a 4'x4' post

DIRECTIONS:

Cut the 2'x3' boards into 7 1/2" long pieces, you should be able to get 12 – 7 1/2" pieces from each 2'x3' board.

Cut 54 jumbo Jenga pieces.

Sand each block smooth.

Paint or stain the jumbo Jenga blocks if desired. If you use latex paint, note that latex dries in a day, but doesn't cure for a few weeks. If the blocks want to stick to each other, you can coat them with a clear coat or wait until the paint has fully cured.

(If you leave them natural wood you won't have this issue.)

MAKING THE CRATE:

Cut the 4 pieces of 1'x8' to be 19 3/4" long. Use a countersink bit (or a regular drill bit about the size of the screw shank) and drill holes for the screws. The holes should be about 3/8" away from the side and evenly spaced.

Add a bead of wood glue along one of the sides of a 'long side' board. Use 1 1/4" minimum to secure a 'top/bottom' board to the 'long side' board as shown.

Add a bead of wood glue to 2 sides of the 'short side' boards and attach it to the 'long side' and 'top/bottom' boards with 1 1/4" screws. Attach another 'top/bottom' board right by the other 'top/bottom' board and secure it to the 'short side' board with 1 1/4" screws.

Attach the last 'long side' board with wood glue and 1 1/4" screws to the 'short side' and 'top/bottom' boards. If you want to add handles, add one to each side.

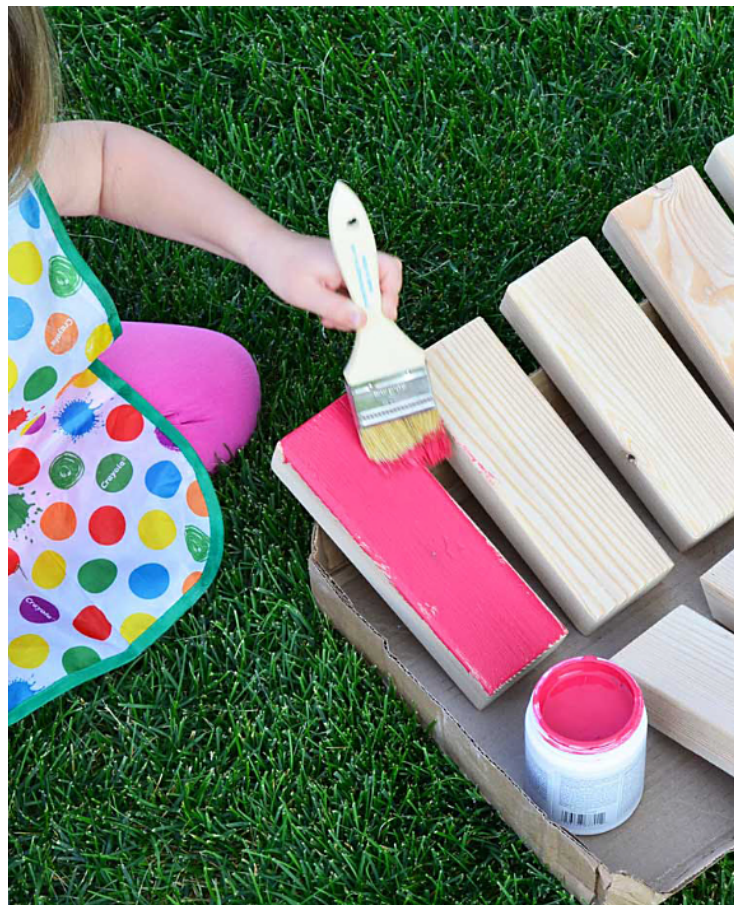
Remove any excess glue. After the glue has dried, sand the carrying crate smooth, especially the top/bottom where the jumbo Jenga will be stacked to play the game.

MAKING THE DICE:

Cut a piece of 4"x4" to a cube, 3 1/2" x 3 1/2" x 3 1/2".

Paint each of the 6 sides a different color (one side will stay natural wood.)

After the paint has dried, lightly sand the edges to distress as desired.



SUNKEN TRAMPOLINE



MATERIALS:

8 Pieces of 2"x4"x12' of pressure treated wood

4 Sheets of 4'x12' sheets of roofing sheet metal

Self Tapping Screws

16 cinder blocks with u-shaped groove

TOOLS:

Shovel

Spirit Level

Tin Snips

Hammer

Drill

Tamper

Optional: Mechanical Digger

DIRECTIONS:

Construct the frame for your trampoline, place it and trace the outline onto the ground using spray paint. For the trampoline you need to allow an extra foot around the edge, i.e. for a trampoline of 14 feet circumference, allow 15 feet circumference. When selecting where to place your trampoline, try to find an area that is level and away from any drainage or low-hanging trees. It is also wise to check that there aren't any important pipes buried in the garden before you start digging!

Move your trampoline frame and start digging your hole! This can be very time consuming, alternatively you can hire a digger or pay a landscaper to excavate it for you. Once it's dug out, get in the hole and start leveling it. On a side note, you will need some of the soil from your hole later on, so don't get rid of it all immediately. Tamp the ground down to level it and use 4 cinder blocks per leg to keep your trampoline completely level. Dig your cinder blocks into the ground slightly to keep them stable and secure.

Leave 2-4 inches of space between the edge of your trampoline and the ground. This space will allow the air to keep flowing and prevent your trampoline from losing bounce in the future. Depending on your soil type, you might want to consider digging a little deeper and filling the bottom of the hole with gravel or sand to ensure proper drainage.

The next stage is creating the surround structure; this will act as a barrier between the soil and the trampoline. To build the structure remove your trampoline from the hole. Start by cutting your 2x4s at 22.5 degree angles, attach each length to the trampoline section using self-tapping screws. Add a second layer of 2x4s that are 12-16 inches below the first layer. To save yourself time at this stage you can pre-drill holes into the wood before attaching.

Next, attach your sheet metal to the wooden frame. Each sheet should extend over the next sheet by about 2 feet, this means that it can be folded instead of cut. Allow about 4 inches of excess metal above the top 2x4, so that you can fold it over and screw it on the inside. Simply snip a slit into the sheet, fold in down and screw it. This will prevent any sharp edges.

Place your trampoline back into the ground, and pack soil both inside and outside the frame. Pack the dirt on the outside all the way up to the level of the ground. On the inside, the soil should cover 2/3 of the frame and then slope down towards the middle.

Once your dirt is all packed in, just connect the final pieces and enjoy!

Eight locations to serve you.

20680 Westheimer Pkwy. #150
281.647.0777

1557 W. Sam Houston Pkwy. N #110
713.465.6747

16945 N. Eldridge Pkwy. #100
281.257.5955

17111 West Rd. #105
281.656.2224

24150 Hwy. 290 #270
281.758.2980

5015 FM 2920 Rd
281.288.2300

18024 Hwy 105 Ste. #200
936.582.4000

2721 FM 1463 Rd. #100
832.437.5305

EZFloorsOnline.com

Floors that
**FIT
YOU!**

Up To
12 Months Interest
**FREE
FINANCING**

**EZ
FLOORS**

Proud to serve you.

**ALL
HARDWOOD AND
LAMINATE INSTALLATION**
includes glue, moldings, quarter
rounds and padding.


MOHAWK
SmartStrand
FOREVER CLEAN™




MEMBER
Greater Houston

Bruce
Hardwood floors
Armstrong

**HANDSCRAPED
HARDWOODS**
starting from

\$3.79 sq. ft.
Installed All Trim Included

**HANDSCRAPED
LAMINATE**
12mm starting from

\$2.59 sq. ft.
Installed All Trim Included

**GRANITE
COUNTERTOPS**
starting from

\$27.99 sq. ft.
Installed, Including 1 1/2" Bullnose

**ANDERSON HANDSCRAPED
HARDWOODS**
starting from

\$4.99 sq. ft.
Installed All Trim Included

\$100 Off

Purchase of \$1500 or more
Present at time of purchase.
Not valid with any other specials.

TILE
starting from

\$2.69 sq. ft.
Includes Installation

CARPET
starting from

\$1.09 sq. ft.
*Includes Installation, Padding,
& Removal Of All Carpet*

LAMINATE
starting from

\$2.29 sq. ft.
Installed All Trim Included

**20X20 PORCELAIN
TILE**
starting from

\$3.19 sq. ft.
Includes Installation

**WATERPROOF
FLOORING**

\$3.59 sq. ft.
Installed All Trim Included

(limited time on all offers)

ASK ABOUT OUR LIFETIME WARRANTY ON INSTALLATION

RED, WHITE & BLUE CORNHOLE



DIRECTIONS:

Some stores will cut lumber for you. Take advantage of this service if you are at a store that offers it and get the 2" x 3"s cut to length. If your store doesn't cut wood, that'll be the first order of business. Cut boards to length, and use the jig along with a clamp to make two pocket holes in each end of the four 21" 2x3 ends. These holes will serve to connect the 48" 2x3 sides to make the two frames in just a bit.

Now make pocket holes along the side and end boards that you'll use to attach the top. On the 2x3 ends, put one pocket hole in the center, and another two holes after measuring 4" in from the end. Along the side boards space out nine pocket holes making the end holes by measuring in 1 1/2" from the end of the board and aligning the jig just inside that mark thereby leaving room for the 2x3 ends. The remaining holes should be evenly spaced along the length of the side.

MATERIALS:

2 – 2' x 4' x 1/2"

Thick Plywood Panels

4 – 2" x 3" x 8' studs.

These will be cut to:

4 – 48" long (sides)

4 – 21" long (ends)

4 – 12" long (legs)

4 – 3/8" x 4" Carriage Bolts with

4 – Washers

8 – Nuts

Pocket Hole Screws

Washer Head – coarse thread

1" – 48

With all of the holes drilled, you are ready for construction. The 21" ends will be sandwiched between the 48" sides. Be sure to keep all screw holes on the inside of the frame and pointing in the same direction. It would be no fun to have to redrill pocket holes. You will first apply some wood glue to the end of a 2x3 end board and then attach it to the side 2x3 with 1 1/2" pocket screws. Attach the other end to the same side piece in the same manner. Now attach the other side with glue and screws to complete the 2x3 frame.

Decide which plywood surface you want to be the top and then lay that side down on your work surface. Apply glue to the top of the 2x3 frame and turn it over and align it on top of the plywood. Once aligned, clamp the plywood and 2x3 frame together on one of the corners. Attach the frame to the plywood using a pocket hole screw in the one corner. Next do the same on the opposite corner being sure that everything is square. Continue on with each corner and then along the length of the 2x3s clamping each time to insure no movement. Do the same for the other frame and plywood panel.

Now it's time to cut the hole. Measure down 9" from the top end of the board and 12" in from each side (center of the board left to right). From that point use a compass to draw a 6" diameter circle. Drill a hole big enough to get your jigsaw blade through, and saw the circumference of your circle to remove the wood to create the hole that will hopefully 'bag' you many points. Do the same on the other board.

Now turning to the 12" 2x3s. At one end on the wide (2 1/2") surface, mark a center point that is 1 1/4" from the end and each side. Use your compass and make an arc that you can follow with the jigsaw to round off one end of each of the four legs. Drill a 3/8" hole on the center mark used for the arc.

With your cornhole boards face down, place a leg on the inside, top edge of the frame with the round end at the top. Clamp the leg to the side and use the 3/8" hole as a guide and drill from inside through the side of the frame. Insert a carriage bolt from the outside through the frame and leg. Hammer the carriage bolt in to seat the bolt.

Cut legs to desired height. Once cut, slide the leg back onto the bolt. Now place a washer on the inside of the bolt and then thread a nut onto the bolt. Tighten the bolt to the point that you can still move the leg with a little bit of resistance. This will help keep the legs from flopping around later. Put a second nut on the bolt and snug it up to the first one. This will keep the first nut in place so it doesn't loosen over time. These may need to be snugged up after some use. Do the same to the remaining leg. Sit back and relax as you have now completed building your cornhole boards.

1 1/2" – 16

Wood Glue

Bean Bags

Power Drill

3/8" Drill Bit

Orbital sander

Something to cut the hole with

Jig Saw or 6" Hole Saw

Bar Clamp

Pocket Hole Jig

10-12" Miter Saw or Hand Saw

Compass

KERPLUNK



MATERIALS:

Metal Side Table	Tape Measure	Wooden Dowels
Wire Fencing	Wire Cutters	Spray Paint
Gloves	Solid Wire	Plastic Play Balls

DIRECTIONS:

To begin, find a sturdy metal side table that will create a solid base for the game. If you don't have a suitable table, a tomato cage is a good substitute. Next, turn the table upside-down, and measure the circumference of the table base.

Cut Wire Fencing

While wearing safety gloves, cut wire fencing to the necessary length so that it will wrap entirely around the base, creating a basket-like shape.

Attach Wire to Base

Once the wire fencing piece has been cut, roll the piece around the table base, and attach to the base with solid wire. To do this, loop a piece around both the fencing wire basket and the base, and twist until it is secured tightly against the two separate pieces. Cut any excess wire away. Repeat this step along the side of the wire basket until the fencing is secured to itself and the base.

Paint Dowels

Create the game pieces by painting wooden dowels in three bright colors. We suggest painting fifteen dowels of each color to ensure that there are enough play pieces.

Now it's time to set up the game. Insert the wooden dowels randomly into the fencing wire. The more intricately the dowels are woven together, the more interesting the game will be. Once all the dowels have been inserted into the basket, pour plastic play balls over the top. Players will take turn removing pieces until all the balls fall down.

Game on!

HGTV.COM

Revitalizing your well being



Scientific studies have found that pure salt is anti-inflammatory, anti-bacterial, and has the ability to remove airborne pathogens. When you breathe in microscopic salt particles, the salt penetrates deep into the respiratory system to absorb toxins, allergens, and foreign substances.



*Salt*REMEDY
NATURE'S THERAPY

Salt Therapy may also help with:

Respiratory Conditions • Sleep Apnea • Snoring •
Poor Breathing Patterns • Vocal Cord Health •
Depression • Stress • Low Energy • Acne • Aging Skin



Cassandra Mays
Owner

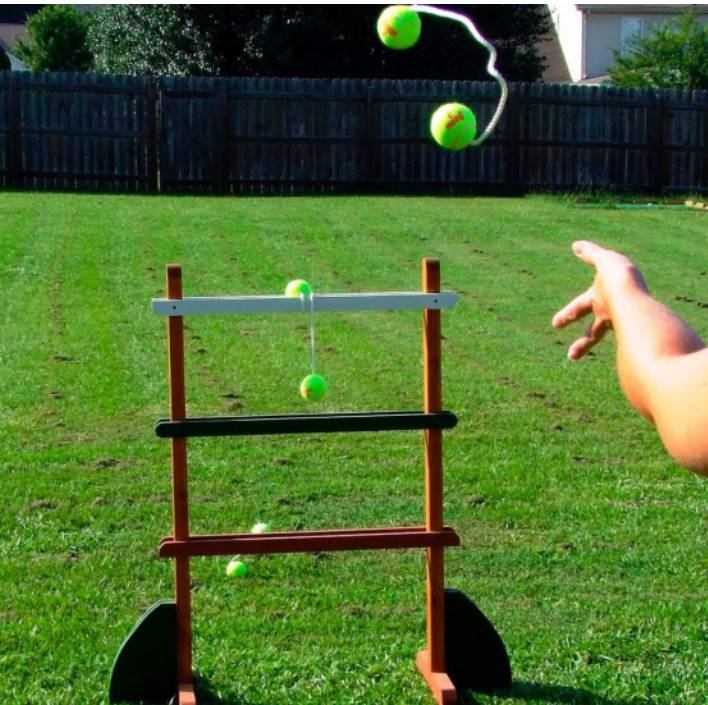
2330 FM 1488, Suite 200
The Woodlands, TX 77384

936-271-SALT (7258)

saltremedy.net



LADDER GOLF



HOW TO PLAY:

You need at least two players to start a game of Ladder Golf, or you can include more players by assigning teams. Each team or player gets three bolas that are differentiated by color. Traditionally, bolas are made of golf balls connected by a nylon rope.

The object of the game is to throw your bola and wrap it around one of the rungs of your opponent's ladder to get the highest score. You can play by aiming to get the highest score, or you can play by trying to knock opposing players' bolas down. Bolas should be thrown from the toss line, which lies fifteen feet (or about five paces) from the ladder.

During each round of Ladder Golf, both teams get a chance to throw their three bolas and score. The winner of a coin toss gets the first turn, and the winner of a round gets the first toss in the next round.

The number of points you score with each toss depends on which ladder rung your bola wraps around. The top step is worth three points, the middle is worth two, and the bottom is worth one. Players can also earn a bonus point for getting a bola on each step, or for getting all three on a single rung. If the opposing team knocks one of your bolas down, you don't get any points for that throw. A team or player wins once they reach exactly 21 points.

Make your own!

DIRECTIONS:

Bola:

To make each bola, first, you need to drill a hole in your golf balls. Place the balls in a vice to hold them steady, and using a drill bit just slightly larger than the twine or nylon that you're using, drill a hole through the center of each ball.

Cut your twine or nylon into six pieces, each measuring 24" long. Feed the string through the hole that you drilled in one of your golf balls and knot it securely on both sides. Do the same on the other end of the string with another ball of the same color.

With the remaining twine and golf balls, make five more bolas for a grand total of six. If you aren't able to find colored golf balls, you can make all of your bolas using white balls and spray paint three. You can also skip the white golf balls altogether and make your bolas in your team's colors instead.

Ladder:

First, use a chop, table, or hand saw to cut your PVC piping into eighteen 2' sections and twelve 1' sections.

Make the base of your ladder using 2' pipe sections. It should be rectangular, 4' in length and 2' in width. Connect the corners using elbow joints and cement together with glue. Connect the middle sections using a tee, but don't glue the pieces together. This makes storage a little bit easier.

Next, make the ladder. Each side should be made of three 1' PVC sections connected by tee joints. The rungs should be 2' sections that slot neatly into the joints. For the top rung, use elbows instead of tees.

Once you've built your assembly, you can leave it plain or paint it in your team's colors. Using white PVC makes it easier to customize your ladder setup.

MATERIALS:

Bola:

12 feet of twine or nylon rope
6 White Golf Balls
6 Colored Golf Balls
Drill

Ladder:

48 feet of $\frac{3}{4}$ " PVC piping
12 $\frac{3}{4}$ " PVC Elbows
12 $\frac{3}{4}$ " PVC Tees
PVC Glue
Measuring tape

YARD SCRABBLE



MATERIALS:

Sanded Plywood Cut to 12"x12"
Paint in your choice of color
Paint Brush
Sealant

DIRECTIONS:

Paint letters based on Scrabble breakdown, seal, and play!

You'll need to paint:

2- J, K, Q, X, Z
3- B, C, F, H, M, P, V, W, Y
4- G
5- L
6- D, S, U
8- N
9- T, R
11- O
12- I
13- A
18- E

DON'T JUST LIVE LIFE, **HEAR LIFE**

We are your go-to hearing specialists.

SERVICES:

HEARING TESTING • HEARING AID FITTING
HEARING AID REPAIR • HEARING PROTECTION
TINNITUS MANAGEMENT • EARWAX MANAGEMENT



CALL
— TO SET AN —
APPOINTMENT



Leading the way to Better Hearing
clarkhearing.com

CONVENIENTLY SERVING 3 LOCATIONS:

THE WOODLANDS
19221 I-45 South Suite 140
Shenandoah, TX 77385
281-219-9719

MAGNOLIA
33300 Egypt Lane, Suite G200
The Woodlands, TX 77354
281-789-6574

TOMBALL
425 Holderrieth Blvd Suite 116
Tomball, TX 77375
281-247-0204

QUICK & EASY TOUCH FOOTBALL

From the schoolyard to backyard, kids are throwing around the pigskin and chasing one another in their version of a sport that is several parts football and one part tag. Touch football has few rules, and virtually every game can be played differently than the next.

Pick a Hand, Any Hand

Before the opening kickoff, decide whether you are playing a game of one-hand or two-hand touch football. The ball carrier is down when he is touched with one or two hands above the waist and below the shoulders. This keeps players on their feet, and any contact with the ball carrier's head is avoided. In any case of contact to the head, the ball carrier should be ruled down, but a penalty assessed to the defense.

The Countdown

Develop a system of counting that the defense must audibly recite after the snap before they rush the quarterback. "Apples," "one-thousands" and "Mississippis" are popular counting devices. As long as the unit of counting contains more than one syllable and it is consistent for both teams, it's fair game. One kid from the defense may rush the quarterback after the countdown is completed. Some kids might eliminate the rush all together from their games.

Moving the Chains

The rules for first downs are about as technical as touch football gets. Organized leagues designate a specific landmark for downs. Some games involve zones, where teams get a first down when they move to the next zone. You could also use some sort of marker, like a small cone, to mark the line of scrimmage and the line to cross for a first down. If the field and the players are very small, agree on a set amount of plays to reach the end zone. When the first team doesn't make it, or does, the other team gets its turn.

No Need for Kickers

Most touch football games are played on grounds without field goal posts. For that reason, extra points are essentially an extra down from a specified distance, like two-point conversions in traditional football. Teams are rewarded one point for scoring from a close distance, and two points for scoring from farther out. You could also forgo the point-after situation entirely and just keep score by keeping track of how many touchdowns each team has scored, or award seven points for every touchdown.

BACKYARD SOCCER, THREE WAYS!

Soccer golf can be considered as a perfect backyard soccer game, which you can play to develop your aim and control. Now you might assume that you are wrecking the soccer ball with the iron driver. Yes, you are doing that, but you will be using some unique layouts. To begin with, you should lay some used towels in the yard. The primary objective of the game is to hit the ball and make sure that the soccer ball stops right on top of the sheets that you have laid. You can use multiple turns to end up the ball on the towels. Then you can count the number of hits that you go ahead with. The person who has the lowest quantity of hits will be able to end up as the winner.

WALL BALL

Wall ball is a great drill, which you can practice in your backyard with the assistance of a soccer ball. Even the professional soccer players tend to engage with wall ball to improve their soccer playing capabilities. In here, you will be kicking the soccer ball against the wall. It may sound simple. However, you will notice that the soccer ball is coming to you in many different angles. Therefore, you need to ensure that you have quick reactions. This can provide you with a great workout session as well. You can even try to hit the soccer ball with your foot so that you will be taking wall ball to the next level. The person who can play wall ball for the longest time duration will be able to end up as the winner.

SOCCER TENNIS

Soccer tennis is another outstanding game that you can play in your backyard. It can also provide you with perfect playing experience at the end of the day. Similar to tennis, you can also play soccer tennis as singles and doubles. You will be following the same rules of a tennis game as well. You will be serving the soccer ball over the net. The other team should volley it back and make sure that it reaches the player with no more than two touches on the ground. Besides, you need to make sure that the ball doesn't hit the net or goes out of the field of an area that you have defined at the beginning of the gameplay. Up to four players can engage with soccer tennis at a time.

Live your best life with your best SMILE.

"Dr. Murphey is keen on detail
and precision. With his friendly
staff and culture, you truly feel the
next level experience."

- **Thomas Markle**
Owner, Thomas Markle Jewelers



WOODLANDS
FAMILY DENTAL
BRETT MURPHEY DDS, FOUNDER

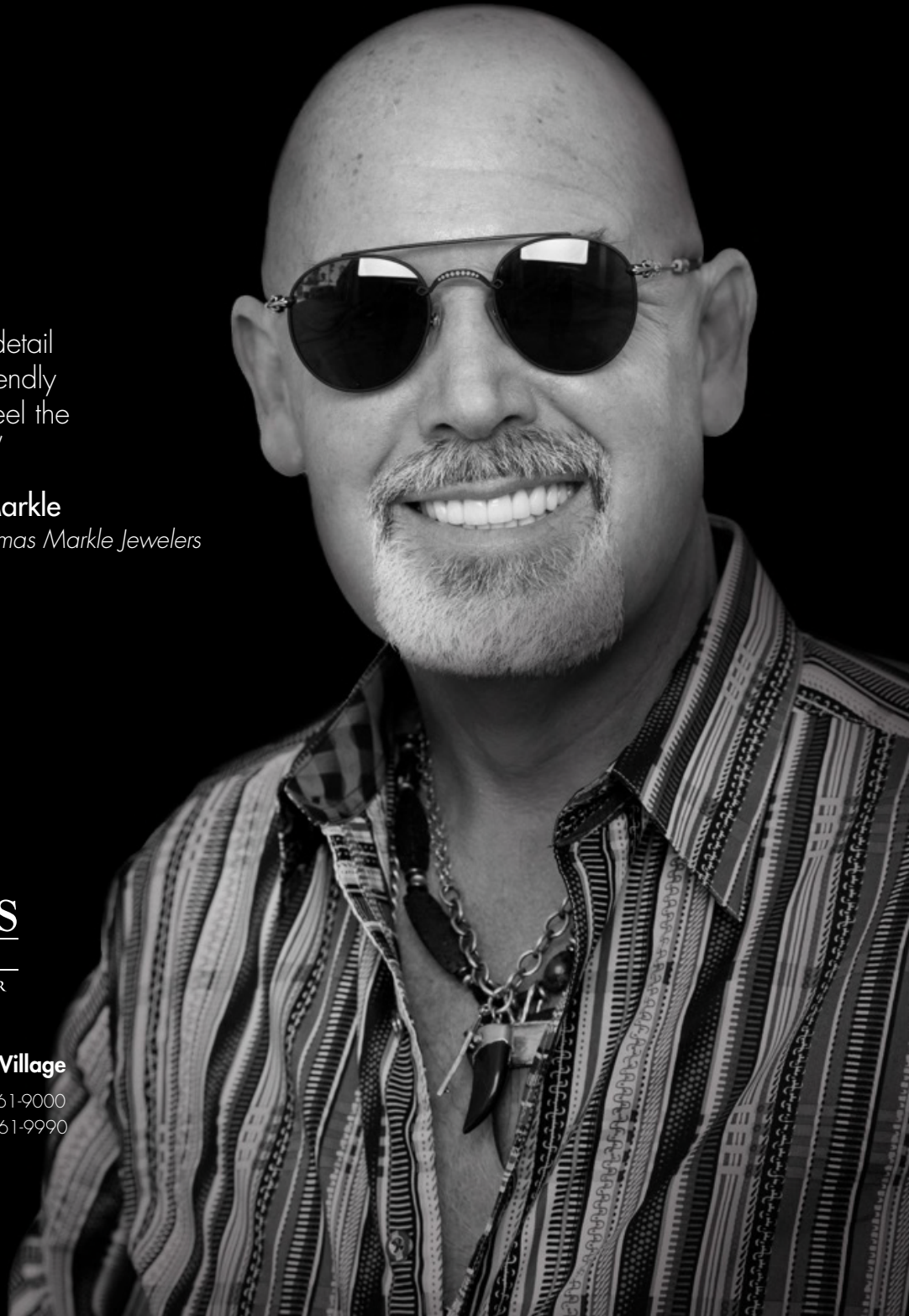
Research Forest

281-681-9600

Creeside Village

Main: 832-761-9000
Ortho: 832-761-9990

WoodlandsDental.com



PIECES OF *HISTORY*

2019's Top Sporting Moments



New England Patriots Won the Super Bowl



Team USA Won Their Second Consecutive Women's World Cup

#NSD2017 | #KATPACK17 | #NSD2017 | #KATPACK17

ERIC SCHMID

THE WOODLANDS, TEXAS
THE WOODLANDS HS

POS QB HT 6-1 WT 175

CARLOS RAMOS
RUNNING BACK
THE WOODLANDS, TEXAS
THE WOODLANDS HS

JIMMY WHITE
DT 6'3 280LBS
WILLIS HS

#HELLUVAENGINEER

WHO'S NEXT?

IS YOUR ATHLETE READY TO TAKE IT TO THE NEXT LEVEL? **ENROLL NOW!**



Twitter: IronWillISC
Snapchat: IronWillISC
Facebook.com/IronWillTrainingSystems
Instagram: IronWillTrainingSystems

IRONWILL
SPORT PERFORMANCE TRAINING

832-797-6599
32206 Tamina Rd. Magnolia, TX 77354

**OFTEN IMITATED
NEVER DUPLICATED**
CALL FOR DETAILS!



The University of Virginia Dominated the NCAA College Basketball Final

PHOTO: VIRGINIA.EDU



The MLB 2019 All Stars Game Was a Show-Stopper

PHOTO: ROADTRIPS.COM



The Toronto Raptors Became the First Canadian Team to Win the NBA Finals



Tiger Woods Returns to The Masters

PHOTO: VARIETY.COM



**SMILES CLEARLY
WORTH THE RIDE**

2 CONVENIENT LOCATIONS

THE WOODLANDS

10393 Kuykendahl Road
The Woodlands, Texas 77382
281.681.1118

SPRING

2827 Waterbend Cove, Ste 300
Spring, Texas 77386
281.466.1414

HOURS: 8-5, Mon-Fri



HUGHES & COZAD
orthodontics
est. 2001

Contact us today for your free consultation

www.hughescozadortho.com



Novak Djokovic Defended His Wimbledon Title

PHOTO: THESTATESMAN.COM



The Clemson Tigers Won the 2019 NCAA College Football Final (and was the first team since 1897 to win 15 games in a season)

PHOTO: ROARLIONSROAR.COM



TOP CHEFS & RESTAURANTS

— 7th Annual reviewit & —
Flair Carlton Woods Exclusive

WHAT'S ON THE MENU.

From design-savvy restaurants to mixologists, reviewit & Flair Magazines will be highlighting Top Chefs & Restaurants all over the North Houston area.

*Showcasing
September 2019*



281.419.4471
info@reviewitmagazine.com

PR

LUXURY MEDIA

REVIEWIT . FLAIR

REVIEWITMAGAZINE.COM/CHEFS

SIDELINE SMASH

*Ditch the tired old jersey and jeans
for something with a little more flair!*



RIB-KNIT COTTON SWEATER VEST DRESS

A royal blue colorway brings a rich look to this sleeveless knit from Maison Margiela.

\$860 /// mytheresa.com



ALEXACHUNG CLOQUÉ MINIDRESS

Crafted from cloqué, this scarlet dress from ALEXACHUNG features a charming bow embellishment at the bodice.

\$580 /// mytheresa.com



VICTORIA BECKHAM SILK SHIRT DRESS

Victoria Beckham crafts this stunning shirt dress from fluid silk for an elegant look.

\$1,470 /// mytheresa.com



MAX MARA GIOIOSA STRIPED COTTON KAFATAN

This breezy dress is perfect for hot game days.

\$350 /// mytheresa.com



THEA STRETCH COTTON DRESS

Add a feminine flourish to your dress edit with Diane von Furstenberg's blue Thea dress.

\$448 /// mytheresa.com



TIE-FRONT HALTER TOP

Polish your look with this chic top.

\$64.50 /// macys.com



HOLLYWOOD SHORTS

Cool and classic, these Tommy Hilfiger shorts are a timeless go-to for effortless weekend style.

\$49.50 /// macys.com



DOT-PRINT SHEATH DRESS

Classic with a fashionable twist, this sleeveless sheath dress from Calvin Klein features a playful dot print throughout.

\$89.98 /// macys.com



BUTTONED FIT-AND-FLARE DRESS

Lauren Ralph Lauren pairs menswear-inspired style with a strikingly feminine form in this buttoned dress that self-ties at the waist, accentuating the fit-and-flare silhouette.

\$125 /// macys.com



COLORBLOCKED ZIP-NECK POLO DRESS

Tommy Hilfiger gives you a look that works any day of the week in this polo dress, complete with colorblocking and a zip neckline.

\$59.50 /// macys.com



THE KOOPLES METALLIC-DOT MIDI WRAP DRESS

This dress is fun and festive.

\$368 /// bloomingdales.com



ELEANOR SHORT-SLEEVE WRAP DRESS

Perfect for your next Astros outing!

\$395 /// bloomingdales.com

7 FOR ALL MANKIND HIGH RISE SKINNY JEANS IN BRIGHT RED

Add a pop of color with these pants.

\$179 /// bloomingdales.com



WILHELMINA DESTINATION SWEATER

Great for winter games.

\$298 /// bloomingdales.com



DIVINE HERITAGE GATHERED FLORAL-PRINT MAXI DRESS

Go with the flow in this maxi.

\$525 /// bloomingdales.com

ONE VINTAGE FLORAL LACE KIMONO JACKET

This red and cream floral lace kimono jacket from One Vintage features an open front, short wide sleeves, all-over floral detailing and long dangling tassel detailing to the hem.

\$1,401 /// farfetch.com



GALVAN MARS SILK MIDI SKIRT

This metallic red Mars silk midi skirt from Galvan features a high rise and a concealed side zip fastening.

\$775 /// farfetch.com



SIMONE ROCHA RUFFLED TRIM HOODIE

A brand of beautiful contradictions, Simone Rocha is playful and elegant, romantic yet with a rock 'n' roll edge.

\$715 /// farfetch.com



SEE BY CHLOÉ CHEVRON STRIPE KNITTED PONCHO

This navy blue and red wool-blend chevron stripe knitted poncho from See by Chloé features a roll neck, a slip-on style and an asymmetric hem.

\$457 /// farfetch.com



MSGM KNITTED MIDI SKIRT

This skirt is great for celebrating victories on and off the court.

\$585 /// farfetch.com



MICHAEL MICHAEL KORS WRAP-EFFECT RUFFLED STRIPED GEORGETTE PLAYSUIT

MICHAEL Michael Kors' nautical-inspired playsuit is made from lightweight, striped georgette that's ideal for balmy days.

\$140 /// net-a-porter.com



**ALEX MILL STRIPED
COTTON-BLEND SWEATER**

This sweater is knitted from lightweight cotton-blend enhanced with touches of cashmere for softness and decorated with navy and white stripes.

\$95 /// net-a-porter.com



**J.CREW ROSSINI BELTED COTTON-
POPLIN DRESS**

If you're looking for a summer dress that you'll want to wear again and again, J.Crew's strappy 'Rossini' style fits the bill perfectly.

\$110 /// net-a-porter.com



MARSEILLE BELTED LINEN JUMPSUIT

This playsuit is made from linen-canvas in a vibrant red hue and features top-stitching to highlight the neckline and belt.

\$130 /// net-a-porter.com



NINETY PERCENT LINEN MAXI DRESS

Ninety Percent is all about sustainability and linen is a particularly environmentally-conscious choice - it grows without chemicals and feels so comfortable to wear. This maxi dress is cut from the breathable fabric and has a relaxed fit you can define with ties at the waist and neck.

\$130 /// net-a-porter.com



TIE-NECK SWEATER

Stella McCartney reworks wardrobe staples with unexpected twists for Pre-AW19, including this navy sweater.

\$680 /// matchesfashion.com



LEE MATHEWS ELSIE PUFF-SLEEVE COTTON-BLEND DRESS

This dress is crafted from a lightweight cotton blend to a loose-fitting silhouette with ties at the neckline and waist – which create a gathered effect – then accentuated with puff sleeves and an inverted back pleat.

\$479 /// matchesfashion.com

y'all COME VISIT US!





SPECIALIZING IN

Texas wine

OVER 60 TEXAS WINERIES WITH
MORE THAN 250 VARIETIES





RENDY KERR, OWNER

CLOTHING & ACCESSORIES • HOME DECOR • WINE

936.449.4100

14387 LIBERTY STREET • MONTGOMERY, TEXAS 77356







JW ANDERSON OVERSIZED BUTTON-SLEEVE COTTON-JERSEY SWEATSHIRT

Constructed in an oversized fit, JW Anderson's dusty-blue sweatshirt is distinguished by the label's anchor logo embroidered at the chest.

\$550 /// matchesfashion.com



CULT GAI WILLLOW RUCHED COTTON-BLEND MAXI DRESS

This dress is crafted in the USA from a cotton blend with a hint of stretch.

\$768 /// matchesfashion.com



TIE-BACK COTTON-POPLIN BLOUSE

Style this top as part of an unstudied ensemble with cropped trousers and slides.

\$513 /// matchesfashion.com



CLOSED BAKER HIGH JEANS

These jeans are intricate and on-trend.

\$315 /// shopbop.com



SHORT SLEEVE RUFFLE DRESS

This dress will become your new game-day go-to.

\$395 /// shopbop.com



Z SUPPLY THE RUGBY STRIPE COLLARED SHIRT

This cute top perfects an easy weekend ensemble.

\$60 /// shopbop.com



NO. 21 MAGLIA MOHAIR CARDIGAN

Soft and seasonal.

\$760 /// shopbop.com

Your hair never felt so GOOD!



*Bridal &
Bridal Party Beauty*



*Women/Men/Kids Haircuts
Highlights
Color*



*Extensions
Updos
Blowouts*



STEFFANIE CURRIER
with
ALTARED EGO
SALON & BOUTIQUE

26734 I-45 North

Oak Ridge North, Texas 77386

(281) 796-0834

Text to schedule your appointment today!

JET SET *APPROVED*



No. 1

PACK MORE WITH THESE NO VACUUM ROLLING SPACE SAVER BAGS

The Travis Travel Gear Space Saver Bags. No Vacuum Rolling Compression, Multi Size Pack of 5.

Amazon | \$13.99



No. 2

THIS ANTI-CREASE SHIRT TRANSPORTER

Time is MONEY! So save it.. No ironing here. This is like Tupperware for shirts and blouses. It's called the Shirt Shuttler, perfect for those trips when you know you'll be spending a night out on the town, or in a boardroom, or both!

Amazon | \$24.99



No. 3

THIS CONVENIENT WATER BOTTLE WITH BUILT-IN PILL ORGANIZER

GENIUS! Great way to take your vitamins while on the go! This water bottle can store your medication for each day of the week. The medication holder can also be detached. Holding 23 oz. or 600ml, the bottle cap also doubles as a cup.

Amazon | 13.99



No. 4

THIS MULTI-BAG STACKER

No more bag juggling, just use this nifty strap that connects suitcases and bags together through their handles.

Amazon | \$10.26



No. 5

NO "WINING" HERE.. INFLATABLE BOTTLE BAG

This versatile roll-up travel bag suspends items in an inflatable air cushion to protect your bottles such as wine and olive oil. No more nasty surprises and messy spills when you open your suitcase.

Amazon | \$29.99

10 TOP ITEMS, *Brilliant Travel Accessories* *Guess what? All found on Amazon!*



No. 6

BAGSMART ELECTRONIC ORGANIZER

Avoid the knots and get this nifty cable organizer.

Amazon | \$18.99



No. 7

WALLET NINJA

Get 18-in-1 with this multi-purpose credit card size pocket tool.

Amazon | \$9.81



No. 8

POWERADD TRAVEL ADAPTER KIT

The only worldwide travel charger and power adapter you'll ever need (UK/US/AU/EU/JP) + Dual USB Ports.

Amazon | \$18.99



No. 9

USEASY BENDABLE NECK SUPPORTER

Sleep anywhere with the ultimate ergonomic neck supporter.

Amazon | \$28.99



No. 10

7 LEAK-PROOF TRAVEL BOTTLES SILICONE BOTTLING

3 ounce travel container, travel toiletries for business or outdoor recreation.

Amazon | \$12.59

FEEDING HOPE

LOCAL CELEBRITY WAITER SPAGHETTI SUPPER
BENEFITING MONTGOMERY COUNTY FOOD BANK



Radunare Italian American Table hosted their Grand Opening with the help of wonderful, supportive Woodlands area celebrity servers. All tips collected go towards the Montgomery County Food Bank which reached their goal of 50,000 meals for those in need in our county.

Fighting Hunger. Feeding Hope.





A
Beautiful
Smile
NEVER GOES
OUT OF
Style.

281.825.4980
gkgdentistry.com



GINA K. GARNER DDS, PC

CLASSIC SMILES
CONTEMPORARY DENTISTRY

9303 Pinecroft Drive,
Suite 210
The Woodlands,
Texas 77380

AUGUST 2019

SOCIAL CALENDAR & EVENTS

noteworthy events happening in our community this month

7

AS YOU LIKE IT

AUGUST 7TH, 9TH, 11TH
8:15 p.m.

Miller Outdoor Theatre

Adventure! Romance! Mistaken identity! Rivalry! Comedy! An escape to the Forest of Arden takes lovers and madcaps on a hilarious journey in Houston Shakespeare Festival's production of "As You Like It." Director Stephanie Shine transports audiences into the heart of one of Shakespeare's most beloved comedies.

milleroutdoortheatre.com

23

FIVE WHO SHARE BREAKFAST

FRIDAY, AUGUST 23RD
8:00 a.m.

*The Woodlands Country Club,
Palmer Course*

Presented by Interfaith of The Woodlands, this event continues the tradition of honoring dedicated volunteers throughout our community with awards of service. Each year the community nominates the best and the brightest, and awards will be presented at this year's breakfast.

wdlndsif.ejoinme.org

24

HOUSTON ASTROS VS. LOS ANGELES ANGELS OF ANAHEIM

SATURDAY, AUGUST 24TH
6:10 p.m.

Minute Maid Park

Come to the Astros vs. Angels game and cheer on your favorite team! Show your team spirit!

mlb.com/astros

16

HOUSTON YOUTH CUP 2019

AUGUST 16TH – 18TH
Times Vary

The Houston Dynamo and Houston Dash will host this annual event at locations around The Woodlands and Conroe. All proceeds from the tournament will benefit the Houston Dynamo Dash Youth Scholarship fund. This is an unrestricted tournament accepting any US Club and USYSA teams from every state with a minimum of 3 games for every team.

houstondynamo.com

23

NELLY, TLC, AND FLO RIDA CONCERT

FRIDAY, AUGUST 23RD
7:00 p.m.

Cynthia Woods Mitchell Pavilion

The Billboard chart-topping hitmakers will join forces to bring a show like no other to The Pavilion's Main Stage this summer. Fans can expect an incredible, non-stop party with each artist delivering hit after hit all night long.

woodlandscenter.org

25

THE SMASHING PUMPKINS AND NOEL GALLAGHER'S HIGH FLYING BIRD

SUNDAY, AUGUST 25TH
7:00 p.m.

Cynthia Woods Mitchell Pavilion

Formed in Chicago, IL in 1988, The Smashing Pumpkins released their heralded debut album *Gish* in 1991 and found popular fame with 1993's 4x multi-platinum *Siamese Dream* and 1995's 10x multi-platinum *Mellon Collie and the Infinite Sadness*. With over 30 million albums sold to date, the two-time GRAMMY®, MTV VMA, and American Music Award winning band remains one of the most leading alternative rock bands in the world. Don't miss them!

woodlandscenter.com

Your property is more
than just an asset.

Protect your legacy.

A restaurant is more than just a place to grab a meal. It is a part of the community where people come together to share experiences. It's where employees spend their days and nights serving their neighbors and making lifelong friendships. It's an investment that your family can be proud of. Protecting it is one of the most important things that you can do, and Ellard Insurance is experienced in providing customized coverage that is as unique as the food that you serve.

Commercial Insurance

- Commercial General Liability
- Commercial Property
- Commercial Auto
- Workers Compensation
- Cyber Protection
- Specialty Casualty Insurance Solutions



ELLARD

Insurance AgencySM

Building Client Relations & Support Since 1980

25511 Budde Rd, Suite 3603 | The Woodlands, Texas 77380

832-364-7511

ellardinsurance.com

Proudly Partnered With:



Travis Ellard
President

FIND OUT HOW WE ARE **DIFFERENT.**

Utilizing **peer support** and **recovery** model, our focus is on **wellness**, **preventative care** and **development of skills** required for not just surviving mental illness, but building a **life worth living**.

Voluntary inpatient, 18+ only — no locked doors
Peers with lived experience — at all levels of staff
Electronics allowed — stay connected to your community
Individualized treatment — be our guest, not a number

24-hours, 7-days admission
281.383.9366

Our guests say it best... **RATED 5-STAR!** ★★★★★

"If you are looking for care from people who care that you succeed... this is the place!" ~ Veronica F.

"The staff was empathetic, but also showed a great display of knowledge and training to assist (my daughter) with healing." ~ Anna C.

"I STRONGLY recommend this hospital." ~ Ronnie W.



THE WOODLANDS INTEGRATIVE CARE HOSPITAL

A different sort of psychiatric hospital.

WWW.WICAREHOSPITAL.COM

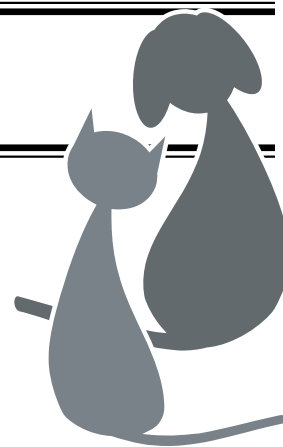
1006 WINDSOR LAKES BLVD, SUITE 200, CONROE, TX 77384



PET OF THE MONTH SKY

Your pet could be featured in the pages of our magazine! Send your photo to **dog@reviewitmagazine.com** with your pet's name and THE WOODLANDS PET in the subject line of the email.

GOOD LUCK!



reviewit®

JOIN THE
PR LUXE

Sign up at reviewitmagazine.com

EXCLUSIVE UPDATES • UPCOMING EVENTS • SPECIAL DEALS



IGNITE

THEIR

Light

YES to YOUTH GALA



SEPTEMBER 21, 2019
The Woodlands Waterway Marriott

Benefiting

yes to youth
Counseling • Shelter • Empowerment
Montgomery County Youth Services

www.sayyestoyouth.org

Presented by
Tricia and Jack Futcher

Honoring
Mr. Tom Pisula

Corporate Honoree
Waste Connections



THE WORLD LOOKS BRIGHTER FROM BEHIND A GREAT SMILE.



Without question, a great smile gets noticed. As the only LVI graduate in The Woodlands, Dr. Scott Young uses his advanced training with the latest dental technology to help you create or maintain a healthy, beautiful smile.

Call today and let's make it happen together.

Cosmetic Dentistry | Implants | Reconstructive | General Dentistry

www.woodlandsdentistry.com

6769 Lake Woodlands Drive, Suite G | The Woodlands, Texas 77382 | 281.528.4842